



# The Torrance Woman's Club Voice



Member

General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District

Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000 Torrancewomensclub1921@gmail.com

TWC Officers: President-- Carolyn Pohlner , 1st VP/Dean-open, 2nd VP-Carol Woods, 3rd VP-Lynn Robinson, Recording Secretary-Ellen Jenkins, Corresponding Secretary- Carol Delome, Treasurer- Sharon Broadbent, Auditor- Sacha O'Hara, Ways and Means-Pam Ament, Program--Pam Barrett-Hill, Press-Pam Ament and Carol Delome, Yearbook- Lynn Robinson, Newsletter- Lynn Robinson, Reservations--Betty Robertson, Parliamentarian- Pam Ament

## FEBRUARY 2025 NEWSLETTER

### **PRESIDENT** **Carolyn Pohlner**

Traditionally, February has been known as “Heart” Month – when many of us celebrate Valentine’s Day. Nowadays, even more of us are celebrating “Galentine’s” Day - recognizing and appreciating those special relationships we have with our best girlfriends and those are the relationships I want to address here.

A true friend is a companion who will be there for you no matter what. You can be 100% yourself around them with no judgement, and they’ll love and support you through thick and thin. Having good friends to share your life with is a gift like no other, and having a “best friend” is one of life’s most precious gifts. So, celebrate your best friend and make some new ones, too - The Torrance Woman’s Club is a great place to meet them. Remember that old adage we learned in Girls Scouts – “*Make new friends, but keep the old - one is silver, the other gold!*”

Happy Valentine’s Day AND Happy Galentine’s Day!



### **FEBRUARY CALENDAR**

<b>Jan. 30</b>	<b>Reservations due for Feb. Meeting</b>
<b>Feb. 04</b>	<b>10 am Meeting Set Up</b>
<b>Feb. 05</b>	<b>General meeting</b>
	10 am Social Hour
	11 am. Business Meeting
	12 pm Lunch & Program
	Hart's Academy, Narbonne High School
<b>Feb. 05</b>	<b>Young Musician’s Contest Due</b>
<b>Feb. 12</b>	<b>9:45 am New Members Orientation</b>
<b>Feb. 19</b>	<b>11 am Helping Hands</b>
<b>Feb. 26</b>	<b>10 am Board Meeting</b>
<b>Feb. 27</b>	<b>Reservations due for Mar. Meeting</b>

### **THINGS TO BRING ON FEB. 5TH**

- Items for the Volunteer Center Food Bank**





## MARINA DISTRICT CALENDAR

Feb. 22	11:00 am. District Social Potluck/Bunco El Segundo WC
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### FIRST VICE PRESIDENT/ Dean of Chairmen OPEN



**We're looking for someone to fill this position!**

This year, an abbreviated version of TWC's Annual Report was filed with Marina District and State. In addition to the Statistical Form, which is basically a summary of hours and dollars associated with the 12 major categories of the Annual Reports, and the only one CFWC really requires, 5 separate individual Reports were submitted, including "Advocates for Children", "Civic Engagement & Outreach", "Communications and Public Relations", "Domestic and Sexual Abuse Awareness and Prevention" and "Women's History/Historic Preservation".

Hard Copies of these 6 Reports will be posted on the White Board at the Feb 5th General Meeting. If any member wishes to receive electronic copies for further review, please contact Carolyn Pohlner and she will email them to you.

### SECOND VICE PRESIDENT – MEMBERSHIP Carol Woods



A big thank you to the 20 ladies who paid their 2025 yearly dues at the January meeting. Remember it is that time of the year when we collect \$50 in

preparation for the upcoming term. We can accept cash or check made out to The Torrance Woman's Club. Either bring it with you to the February meeting and give it to the membership committee or mail it to the treasurer, Sharon Broadbent.

New Members Orientation Meeting – Wednesday, February 12<sup>th</sup>. You are invited to an orientation meeting, greeting and welcoming our new members and sharing with them what we enjoy about TWC. Coffee and donuts are being served at 9:45 a.m. as you arrive on this special day. Please join us so that the new members know that we are looking forward to including them in our many endeavors of volunteering and philanthropy. Let Betty Robertson, Reservation Chairman, know that you are coming. This would be a good time for you to also bring some of your friends who might like to join. Include them in your count.

### THIRD VICE PRESIDENT/ HOUSE CHAIRMAN Lynn Robinson

The House Committee will be meeting this month to determine what issues we need to address, what order they need to be done, what information we need to obtain and the estimated costs. If you have any suggestions, please send them to me.

The 100<sup>th</sup> Anniversary of the formal opening of the clubhouse will be October 22, 2025. The committee will begin discussing how to celebrate that event. We would love to hear your ideas.

### RESERVATIONS Betty Robertson



Hello everyone. Well, January has just about slipped by us and it is time to make your luncheon reservations for the February TWC meeting. The deadline for your reservation is January 30th. Please give me a call at 310-367-1188 or email me at betsew@aol.com. All of the faithful TWC members send out a warm welcome to our new members. See you soon!



## **FEBRUARY**

11     Alix Plum  
12     Jeralyn Kirby  
22     Bonnie Kerber-Louvet

**HAPPY BIRTHDAY TO YOU!!**

## **HOSPITALITY**

**Lois Koza** 🌸



Happy, Happy New Year  
Ladies 🌸 🌸

Just a reminder set up for our Wednesday,  
February 5th meeting will be on Tuesday,  
February 4th at 10:00.

Please come and join in setting up and  
decorating.

Let's continue to keep our clubhouse looking  
spectacular!!! 🌸 🌸

Thank you! 😊

Lois



Ladies, just a reminder that  
wine prices have increased to  
\$2.00/glass for our monthly  
General Meetings. We would

like to ask Members to consider donating bottles of  
their favorite wines, Prosecco, and other libations to  
supplement the TWC Wine "Cellar"! Screw top  
bottles are preferred. All contributions are very  
much appreciated!

Thank You!

TWC Board

## **PROGRAM DIRECTOR**

**Pam Barrett**

HELLO LADIES--

Well, we started the "New Year" off with Fun--our  
Annual BINGO contest on Jan.8th. We played four  
challenging games with the last one being the  
"blackout card." The big gift of \$25 went to our Co-  
Membership Chair, Linda Pollick--  
Congratulations!!

For our February 5th Program, we will be treated to  
a special performance from the talented drama  
students in the Harts Academy at Narbonne High  
School. They will be dancing and singing in the  
true spirit of Valentine's month!! Let's all remember  
to wear "red" to inspire them! We can look forward  
to an afternoon of fun, music and dancing!!

## **TECHNOLOGY CHAIR IN THE CORNER**

**Mary Alessandra-Cook**

With the rapid advancements in AI automation and  
intelligence becoming an integral part of our lives  
over the next 8 to 10 years, it's natural to feel a bit  
daunted or hesitant about fully embracing these  
technological changes. However, it's essential to  
take a step back and recognize that many AI tools  
can significantly enhance our daily lives. Here are

10 free ways that AI tools are currently helping seniors with their daily activities:

**Voice Assistants:** Use voice-activated AI assistants like Amazon Alexa or Google Assistant to set reminders, play music, and control smart home devices hands-free.

**Health Monitoring Apps:** Track activity levels, nutrition, and vital signs with apps like MyFitnessPal or Google Fit, making it easier to manage your health effectively.

**Virtual Companionship:** AI chatbots can offer companionship and conversation, helping to reduce feelings of loneliness and isolation.

**Medication Reminders:** Apps like Medisafe send reminders for medication schedules, ensuring you never miss a dose.

**Telehealth Services:** AI-powered telehealth platforms provide virtual consultations with healthcare providers, making it convenient to access medical advice from home.

**Navigation Tools:** AI-based navigation apps like Google Maps can help you find your way around unfamiliar places with step-by-step directions.

**Smart Home Devices:** Control AI-enabled devices such as smart thermostats, lights, and security systems remotely, making home management easier and safer.

**Fraud Protection:** AI tools like email filters and security apps can protect you from online scams and fraud by identifying suspicious activities.

**Memory Aids:** Apps like Google Keep or Evernote can assist in organizing your thoughts, creating to-do lists, and setting reminders for important tasks.

**Reading Assistance:** AI-powered text-to-speech apps like NaturalReader can read aloud books, articles, or emails, making it easier to enjoy reading even with visual impairments.

These free AI tools can truly enhance the quality of life, offering convenience, safety, and companionship in your daily routine. Whether you're already a tech-savvy senior or just starting to explore these tools, why not give one or two a try? You might find that they make your life a bit easier and more enjoyable!



## CIVIC ENGAGEMENT AND OUTREACH – Mary Hileman

**Torrance Rose Float News:** This year's beautiful Rose Float, "What A Beautiful Day", won the Princess Trophy at the 2025 Tournament of Roses Parade.

The Rose Float Association invites you to their celebration dinner on February 8th, 2025 at 5:30 pm at the Toyota Meeting Hall, 3330 Civic Center



**Drive.** Tickets are \$30.00. Tickets can be purchased online at [torrancerosefloat.org](http://torrancerosefloat.org)

**Torrance Theatre Company:** The Torrance Theatre Company introduces its next performance scheduled for February 1-22, 2025. "The Hidden One".

Tickets are available online at [TorranceTheatreCompany.com](http://TorranceTheatreCompany.com) Or by Phone (424)243-6682

**Mural Art on Utility Boxes:** The Torrance City Council has approved a program to enhance the beauty of utility boxes with colorful murals. Artists have submitted potential artwork for the boxes. To kick off the program, six boxes, one in each council district, were selected and the Councilmember for that district selected the artwork to be displayed on the box in their district. Keep your eyes out and see if you can spot these boxes once the artwork is complete. (Email me with your District # and I can give you the location of the box in your district.)



Torrance Beautification Awards: This annual Award will recognize homes that exhibit exceptional pride of ownership through well maintained and exceptional landscaping. There will be two categories, Landscape Beautification and Sustainable Landscape Design. The Community Development Department will accept nominations through a nomination form. Winners will be selected in each Council District.

For more information and an application, contact:  
Neighborhood Services Division of the Community Development Department at (310) 618-5929

## COMMISSION ON AGING

Meetings are held on the first Tuesday of each month in the Commission Meeting room in the West Annex building (3031 Torrance Blvd.), located next door to the City Hall.

The next meeting of the Commission on Aging is scheduled for February 4th, 2025 at 9:30 am.

The featured speaker at the meeting will be HELEN DENNIS, Daily breeze columnist on Aging. Ms. Dennis has a long history of writing articles for the Daily Breeze and for speaking in the community on a variety of “the aging process” topics. You are invited to hear her speak at this meeting.

## HEALTH and WELLNESS MARY HILEMAN

Caring Companions: In early 2024, Torrance Memorial Medical Center implemented this specialized program.

While most people have friends or family stay with them during their final hours of life, some patients do not have those connections. For others, their closet relatives are unable to visit them or live too far away to arrive in time.

Caring Companions “A No One Dies Alone” program has an important place in the hospital’s continuum of care. It unites staff and volunteers to activate and carry out a plan that ensures no patient will die alone. The mission is to ensure dignity, compassion and support for dying patients by

offering bedside companionship to anyone who is alone at the end of life.



## HELPING HANDS Bette Herbst

Helping Hands will be meeting on February 19<sup>th</sup>. There is something for everyone to do and we have fun!

## MARINA DISTRICT SOCIAL

On Saturday, February 22<sup>nd</sup> the Marina District will hold a potluck and Bunco from 11:00 am to 2:00 pm. at the El Segundo Woman’s Club. Each club is being asked to bring either some kind of salad (about 8-19 servings) or cookies or crackers/bread. The District board will provide paper goods and drinks. It should be a fun afternoon. The flyer will be out soon.



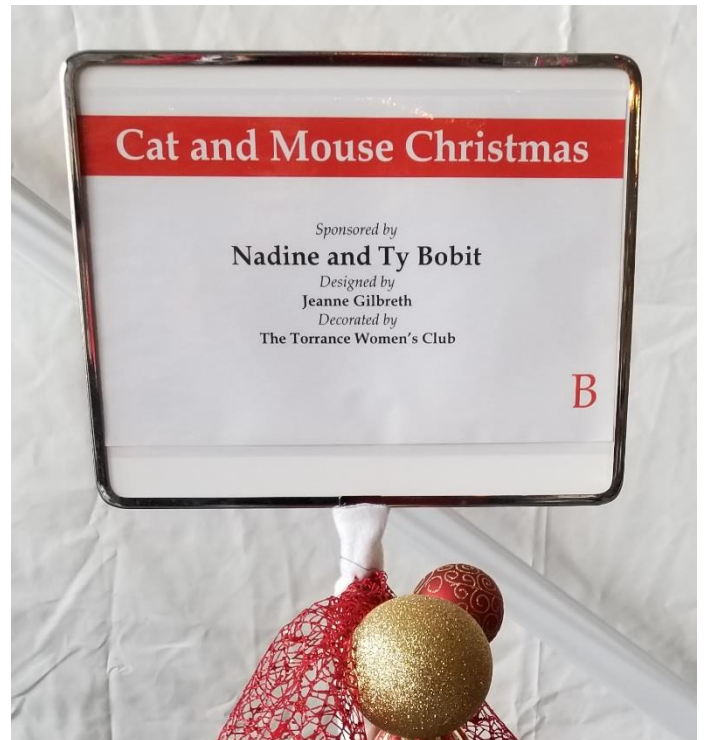
## ADVOCATES FOR CHILDREN PROJECT: GINA RADOCCIO, CHAIRMAN

Thank you ladies for your generous donations for the foster children. With your generosity we were able to help fulfill DCFS’S requested Christmas gifts for the children ages 2 - 12. We were able to purchase 64 pairs of pajamas for girls and 64 pairs of pajamas for boys. We also purchased many unwrapped toys. I was unable to go shopping as I had thought I would and as always, I was blessed with help. Sharon Broadbent kindly shopped for and delivered all of the toys while my niece Ginger found a great deal on the pajamas, purchased and delivered them to my home. My neighbors came to help load the van when DCFS came for the items. I am truly blessed. Please enjoy the pictures. Thank you. Gina





DCFS



TWC Tree at Torrance Memorial Holiday Festival.