

#### Member

General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District

Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000

President-Lynn Robinson, 1st VP-Carolyn Pohlner, 2nd VP-Janice Petrosino, 3rd VP-Janet Payne, Recording Secretary-Betty Robertson, Corresponding Secretary-Deanna Hanson, Treasurer-Sharon Broadbent, Auditor-Lynda Myers, Ways and Means-Open, Program-Carolyn Pohlner, Press-Pam Ament, Yearbook-Open, Newsletter- Carol Woods, Reservation-Susan Warner, Parliamentarian-Open, Historian-Open, Directors-Madonna Davenport/Lee Large and Fran Day, Technology-Mary Alessandra-Cook

#### **APRIL NEWSLETTER 2023**

# PRESIDENT'S MESSAGE Lynn Robinson

Happy Spring. I know we needed the rain, but I will be glad to see drier, warmer weather. I don't know about you, but I have a hard time staying motivated during all the gray and rain.

If you are looking for something to do, the Torrance Firefighters Association is having a Spaghetti Dinner and Bake Sale on Saturday, March 25<sup>th</sup> from 4:30 to 8:00 pm. The cost is \$10.00 and it will be held at the Ken Miller Recreation Center. Sunday, March 26<sup>th</sup> is the City of Torrance Annual Cherry Blossom Festival at Columbia Park from 11:00 am to 4:00 pm.

I hope you have all made your reservations for the Marina District Convention. It will be at our clubhouse on Saturday, April 22<sup>nd</sup>. The convention committee has been working hard and it should be a great day.

Our own Fashion Show Committee is hard at work preparing a wonderful event. This usually sells out so get your reservations in!

Happy Easter.

# WHAT TO BRING TO THE APRIL MEETING



Gift cards & gift baskets [empty or full]
Cash donations for fashion show
put in blue envelope on tables

Plastic lids for buddy benches Medicine bottles w/ lids for guide dog training

Food for Volunteer Center-cereal, pasta, soup Loose change for Penny Pines

Reservation and payment for fashion show Legacy donation with form Membership renewal



# 1st VICE PRESIDENT

## **Carolyn Pohlner**

#### **Advocates for Children**

TWC is collecting food items at the April General Meeting for The Volunteer Center's "Food for Kids" Program in time for Easter and Spring Break! Cereal, soups and pasta items are favorite requests!

#### <u>California Federation of Women's Clubs:</u> Communications and Publications

How can you become better informed and more productive as a TWC and CFWC member? Signing up for the CFWC publications is a good start. I think the most important and relevant to us as Club members is *Quick Bytes* - most of the information I write up in my 1<sup>st</sup> VP article to you every month comes verbatim from the articles I read in Quick Bytes every week, including the following instructions from State President, Barbara Briley Beard, on how to sign up for the various State publications:

"Quick Bytes is the CFWC weekly news bytes, and you would go to CFWC.org and when the screen opens, the top banner, go to Publications, then QuickBytes. Halfway down the left side middle of the page it will say "sign up HERE to receive QuickBytes". Scroll down, insert your first name, last name, the email address and click on submit. Very easy, please try it, and if you have any questions, call Debbie Pietraszko, the Quick Bytes

Editor at 818-681-8593, she does a great job on this

#### Next is California Clubwoman

weekly information to us.

Go to CFWC.org, on the top banner, go to Publications, then Calif Clubwoman. At the left side of the screen on the bottom, there is a Subscription form.

Print it, fill it out and email or mail-in the page. Questions? Call Lu Arredondo, Editor at 626-703-3041.

#### Next is GFWC News and Notes

Go to GFWC.org, News and Publications. The first thing on the list is News and Notes. The News & Notes screen has a link to the **Member Portal**.

You need to sign into the Member Portal, so if you haven't done that, or can't sign in, call GFWC at: 202-347-3168 and leave a message for questions and help."

#### **Environment**



#### "Buddy Benches"

I delivered another 10# worth of plastic bottle caps to Carol Schreiner, Redondo Beach Kiwanis Club for "Buddy Benches" in Torrance Schools, early Saturday morning, March 4th. So, keep collecting those lids - and if you don't mind sorting the Rx bottles from all the other plastic recyclables, Hildegard would love to take them for the Guide Dogs to store the puppy's medication. (Please include the lids that go w/the Rx bottles)

#### **Fundraising**



# Easter/ Spring See's Candy Fundraiser

Please show your support by buying a box of See's Lollipops for the USO Troops, even if you don't care to buy any candy for yourself. The order form was attached at the end of the March newsletter for your convenience. (If you misplaced that one and would like another, let me know and I'll send it to you pronto!) Simply download, complete and return it to me, with your check payable to "The Torrance Woman's Club" OR, to make matters even easier, just call me on the phone (#310-370-2494) with your order and I'll complete the form for you at my end! All candy will be delivered to you at the Clubhouse at the April General Meeting. No fuss, no muss - just sweets! All orders must be submitted to Carolyn by March 31st.

# **CRAFT CONTEST**Bette Robertson

The district craft contest was held at the January District meeting with three clubs participating. The Torrance Woman's club had four entries with three first place winners.

Carol Woods entered a paper sculpture titled "This Old House" with colorful interior rooms done in room sections,

Sharon Broadbent sewed a cork fabric tote bag which will go traveling with her.

Lynda Myers' entry was titled "Diamond of our Lady of Guadalupe." The diamond dotz art had 20,640 dozen placed on canvas. The image depicted is a pointillism which took 200 hours to complete. In addition to first place, it was also awarded "Best of Show."

These items will be entered in the District Convention Craft Contest in April. However, there will not be a craft contest at the State Convention this year.

## **HOSPITALITY**

Ladies, please consider signing up for set-up and decorations on Tuesday at 10:00 (day before our meeting)! Our club has a closet filled with numerous decorations for you to be as creative as you would like to be!

Please also consider volunteering for cleanup at our meeting's end! It goes really quickly when there are more hands involved!

Signup sheet, will as always, be on the back table or you can always contact me directly!



Thank you, Lois Koza



## APRIL CALENDAR

**APRIL 4** 

10 a.m. Meeting set up.

APRIL 5 Regular Meeting

10 a.m. Social Hour

11 a.m. Business Meeting

12 noon Lunch

1:00 p.m. **PROGRAM: The Bee Lady** 

**Fun Facts About Bees** 

**APRIL 15** Newsletter articles due

APRIL 19, 10 a.m. Helping Hands

**APRIL 22** Marina District Convention

@ Torrance Woman's Club

APRIL26, 10 a.m. Board Meeting

APRIL 27 Reservations due w/ Susan

Warner for May Meeting



## **APRIL BIRTHDAYS**

- 4 Allison Jones
- 5 Barbara Jarvis
- 6 Ghislaine (Ges) Davis
- 11 Pam Barrett-Hill
- 13 Joan Haefeli
- 18 Janice Petrosino
- 20 Bette Robertson
- 25 Carol Woods



Dear TWC ladies.

Thank you, for making a reservation for in person attendance at our monthly club house meetings. The day to reserve is the Thursday before the first Wednesday of the upcoming month. For our April 5<sup>th</sup> meeting the reservation date is Thursday, March 30<sup>th</sup>.

Richard, the club house caterer, is given a preliminary count the next day [Friday]. I give a final count to Richard Monday morning, two days prior to our Wednesday meeting.

The club is responsible for the meals ordered. If you make a reservation and, due to unexpected circumstances, you are unable to attend the meeting, we kindly request that you be responsible for the \$20 fee. Please notify the treasurer,

Sharon Broadbent. 1903 W 261<sup>st</sup> Street Lomita, CA 90717 Tel: 310-283-2247

Reservations are made with Susan Warner

E-mail: <u>luvsapanda1@aol.com</u>

Tel; 310-534-4092 Sincere thanks for your understanding.

Susan Warner, Reservation

# April is National Volunteer Month

"Volunteers do not necessarily have the time; they just have the heart."

"Those who can do, do. Those who can do more, volunteer."

"Volunteers don't get paid, not because they are worthless, but because they are priceless."

And my all-time favorite-

"We make a living by what we get, but we make a life by what we give."-Winston Churchill

Carolyn Pohlner, 1<sup>st</sup> VP – Dean of Chairmen

# "Queen For A Day" Fashion Show

Tickets on sale now for \$60 may be purchased at the April General Meeting. Tables of 10 available.

TWC NEEDS EMPTY BASKETS! Filled Baskets are welcomed, too! Please bring your donated Gift Cards, Wine, and Gift Basket items to the April 5<sup>th</sup> General Meeting. Or call Carolyn Pohlner and she will pick them up directly from YOU!

If you are soliciting items from businesses for the Fashion Show Gift and Silent Auction Baskets, please don't forget to give us the relevant contact information – Full Business Name, Contact Person's name, address, phone number, and item cost for our Program Listing and our "Thank Yous".

We will place the specially designed envelopes on the Tables and will still be collecting Gift Cards of any denomination and money to purchase more Gift Cards for the Fashion Show at the April General Meeting. For those of you who have already contributed – many thanks! For those who have not, every little bit helps!

# INTERNATIONAL OUTREACH

In April of 2022, the international outreach program of the Torrance Woman's Club supported the Ukrainian Relief Fund by providing funds to UNICEF in the amount of \$1100



-\$300 from TWC and \$800 from club member donations.

This year, under international outreach, TWC will be donating to UNICEFs Syria/Turkey Earthquake Relief Fund in the amount of \$725--\$600 from TWC and \$125 from club member donations. Additional donations from members may be sent to Sharon Broadbent.

## MARCH MEETING PROGRAM

The program, "Women in Aviation," at the March 17<sup>th</sup> meeting was presented by the Arts Council of Torrance -





Bessie Coleman and Amelia Earhart and Poncho Barnes are featured in this photograph. Jack Northrup is pictured in the background.



Ellen Jenkins won a Shamrock donated by Jeannie Gilbreth.

# MARINA DISTRICT PHOTO CONTEST WINNERS

#### Our World Up Close

1<sup>st</sup> Christine Metoyer for Wolf Spider (Culver City) 2<sup>nd</sup> Margarete Mezey for Canadian Wood Sprit (Culver City)

3<sup>rd</sup> Roberta Smith for Bai Orchard Butterfly (Torrance)

#### **Natural Wonders**

1<sup>st</sup> Margarete Mezey for Tourist Tunnel in Cappadocia (Culver City)

2<sup>nd</sup> Jeanne Gilbreth for Birds of a Feather (El Segundo)

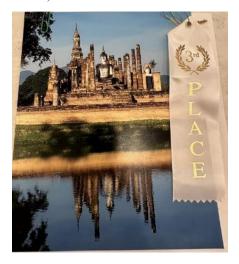
3<sup>rd</sup> Christine Metoyer for Blood Moon Over Venice (Culver City)

#### Reflections

1<sup>st</sup> Margarete Mezey for Birds Wading (Culver City)

2<sup>nd</sup> Margarete Mezey for Little Red Boat (Culver City)

3<sup>rd</sup> Roberta Smith for Sukhota Historical Gardens (Torrance)



#### **Volunteers in Action**

1<sup>st</sup> Ann Miks for Out Walking to Protect our Forest (Culver City)

Irma Chiota Marina District Photography Chairwoman



Let's talk about microphones. Specifically, the microphones that we use at our Clubhouse as part of our PA System. There are several Do's and Don'ts that bear repeating to our membership because our last couple of hybrid meetings have seen a few folks struggling with the microphones.

For our meetings, we utilize 2 wireless microphones that have frequencies tied directly to our receiver box. That is the box on the stage that has antennae. From that receiver box, I run a microphone cable to the large Edison speaker. All sound from the wireless microphones go first to the receiver box which then feeds the audio sound to the large black Edison speaker which then projects towards our room with participants. The wireless microphone on the podium is where President Lynn and most of the board members speak, and the sound goes to the Edison speaker. The Edison speaker is also linked into the Zoom meeting so that all the Zoomers watching the meeting can hear the audio. That is why I am constantly asking folks in the Clubhouse audience to wait for microphone to be brought to them for asking questions or making comments. If one is not speaking into that second microphone, then the Zoomers online cannot hear what you are asking or questioning back to the person speaking at the podium.

Sometimes we hear feedback. Sometimes it seems like the microphone cuts out. Immediately everyone assumes that something is wrong with the microphones, when in fact, it is usually an issue with how the person is handling the microphone to speak. And sometimes, the "A" microphone (on the podium) gets crossed with the "B" microphone in the crowd, and that crossing makes the frequencies go a bit haywire and we get some static or unexpected background noises coming out as sound from the Edison speaker.

When someone stands talking toward the in-room audience but has their back to the receiver on the

stage, the microphone struggles to have its frequency find the path back to its antenna on the receiver box.

Here are some basic Do's and Don'ts which hopefully we all will mindfully think about when it is our turn to speak into a microphone at our meetings.

**DO NOT** tap, blow into, or hit the microphone to check if it is working or ask "is this thing on" using the mic itself.

**DO NOT** cover the microphone as you hold it. Instead,

**DO** hold it close to your mouth, with a steady hand, and speak clearly and forcefully towards the microphone. We sometimes say, "eat" the microphone so that you will stay close to it.

**DO NOT**, however, touch the microphone with your lips. Keep the microphone pointed to your mouth to keep your voice amplified.

**DO NOT** hold the microphone on your chest. That is too far away for our basic microphones to effectively work. Our equipment is not high end expensive but rather basic.

**DO NOT** get tempted to lower the microphone if your arm gets tired. Instead, switch hands to hold it steady at the proper place-close to your mouth.

**DO NOT** point the microphone to the audience or to your presentation. Instead, **DO** keep it stationary. (Think about how clear it always sounds when Lynn is speaking as she is staying close to it as the podium one remains stationary. Swinging, waving, or holding it to your side or to the audience may cause feedback sounds.

**DO NOT** clear your throat or sigh into it. Instead, **DO** point it aways if you must clear your throat.

Hopefully this will help everyone understand how important it is to handle the microphones correctly. These microphones are the tools that enable audio sound for everyone in our meeting, whether you are in person attending the meeting or just Zooming online.

Mary Alessandra-Cook

## **HELPING HANDS**

Hildegard Graeber

Hello TWC members and friends. By the time you read this newsletter we'll be in a new time zone and new season. So, the Helping Hands group is eager to get started on more projects, sewing or stuffing or tying. And we welcome all who are curious and want to help. Each month we make enough Huggy Bears to give at least 20 bears to each of the 2 hospitals. The nurses in the ER welcome that delivery which helps them comfort and distract toddlers brought in from emergencies. And we're also making fleece blankets (with knotted fringe) for the kids invited to the Painted Turtle Camp. I've been concentrating on sewing turtle pillows, so we welcome anyone able to sew cuddle blankets. See pictures. We meet on the third Wednesday of each month at 10 a.m. Next month we will be meeting on April 19<sup>th</sup>.







# **APRIL PROGRAM**

"She Works Hard for the Honey Money"

Alysa Quitoriano, aka "The Bee Lady," is scheduled in April to entertain and educate TWC members about some fascinating facts of life - facts of a bee's life, that is! Alysa began her foray into beekeeping 5 years ago in Oklahoma and has since expanded her apiary to the South Bay of Los Angeles. What started as a hobby quickly turned into a passion to teach, mentor, and share her knowledge around bee focused beekeeping. Alysa is an elected official of the Texoma Beekeepers Association and facilitates the club's beekeeping courses. She manages hives and mentors beekeepers around the South Bay of Los Angeles and is currently enrolled in Cornell University's Master Beekeeping Program. You can follow along with her beekeeping adventures on instagram @sunny.13ee

# 2<sup>nd</sup> VICE PRESIDENT Janice Petrosino

Spring is here and warm weather is on its way. I will have my Easter basket with me at our April 5<sup>th</sup> meeting to collect your dues.

LOOKING FORWARD. Paying your \$40 dues extends your membership from June 1, 2023 to May 31, 2024. By paying your dues you are a member of Torrance Woman's Club, Marina District, CFWC (California Federation of Women's Clubs) and GFWC (General Federation of Women's Clubs) which is one of the world's largest and oldest women's volunteer service organizations.

Thanks to the members who have already paid their dues. LOOKING FORWARD to you bringing potential members who can observe our organization, dedication and enjoyment working together and having fun.



RENEW YOUR MEMBERSHIP

# **BOOK CLUB**

The TWC Book club met for the first time on Wednesday afternoon, March 15<sup>th</sup> at 1 pm at the Clubhouse. We were a small intimate group of four – Mary Alessandra-Cook, Judy Foster, Betty Robertson and myself - but we hope to expand our

circle next month. The discussion was lively, led by Carolyn Pohlner, as we tried to answer a list of Study Questions that had been emailed earlier.

The March selection was <u>The Maid</u> by Nita Prose, a murder mystery with a young female protagonist who works as a hotel maid and whose quirky social interactions with her colleagues, superiors and hotel guests would have some say bordering "on the spectrum".

Overall, we enjoyed the story, cast of characters and cannot wait until April 19<sup>th</sup>, at 2 pm in the Clubhouse, when we will meet to discuss **Lessons in Chemistry** by Bonnie Garmus. Betty Robertson will lead the discussion next time and treat us to refreshments! Hope to see more of you there! Carolyn Pohlner

### LEADERSHIP EDUCATION AND DEVELOPMENT SEMINAR (LEADS) Lynn Robinson

I had the honor to be the LEADS Candidate for the Marina District. LEADS is often mentioned but rarely explained so I thought I'd share my experience. After being selected by your club there is an application to be submitted to the district. This year it was a 1-page questionnaire, a resume of volunteer experience, a photo and 2 letters of recommendation from members of your club. The district reviews the applications and selects district candidate.

The LEADS candidates from each district attend the CFWC Winter Board Meeting. This year it was held February 24 and 25 in Milpitas CA. The training classes ran from 8 am to 11 am Friday and Saturday and 1 pm to 4 pm Friday. There were 11 ladies of all ages, sizes and experience. Past CFWC President Vicki Holden was our training coordinator and did her best to make it fun. We heard from a variety of CFWC Officers and Chairmen on topics including: "Using a Theme or Logo as a Teambuilding Thread", Conflict Resolution, Meeting Planning, "3P's in a Pod – Prepared, Polished & Professional", "How Strong Aare Your Shoulders?", Membership, Parliamentary Procedure

and CFWC's Just One Campaign. We also met with CFWC President Barbara Briley Beard.

For both lunches and Friday dinner we were assigned to tables and seated next to a state officer. At the end of the lunch on Saturday, each candidate had to give a 3 minute speech before the assembly. That concluded our official participation. We had Saturday afternoon free, and that evening could sit where we chose at dinner. At the dinner the winning candidate was announced. She was Barbara Melloch from San Ramon. After dinner there was a dessert reception for the LEADS Candidates. Vicki had told us that she was glad she wasn't a judge because we were all good and they would have a hard time deciding. I was very impressed with all the candidates.

The editor of the California Club Woman Magazine asked each of us to write our thoughts. They will be combined for an article in the magazine. Vicki Holden is hosting monthly Zoom meetings so the candidates can stay in touch and share their progress. It was a very interesting and educational experience and would encourage you to consider applying next year.

