



Torrance Woman's Club

1422 Engracia Avenue, Torrance, CA 90501

310-533-9116



Member

General Federation of Women's Clubs – California Federation of Women's Clubs – Marina District

Serving the Community Since 1921 – 501©(3) Tax ID: EIN 33-0249000

President-Lynn Robinson, 1st VP-Carolyn Pohlner, 2nd VP-Janice Petrosino, 3rd VP-Janet Payne, Recording Secretary- Betty Robertson, Corresponding Secretary-Deanna Hanson, Treasurer-Sharon Broadbent, Auditor-Lynda Myers, Ways and Means-Open, Program-Carolyn Pohlner, Press-Pam Ament, Yearbook-Open, Newsletter- Carol Woods, Reservation-Susan Warner, Parliamentarian-Historian-Open, Directors-Fran Day, Anita Dinicola, Lee Large, Technology-Mary Alesandra-Cook

MAY 2024 NEWSLETTER

President's Message

Lynn Robinson

TWC was well represented at the Marina District Convention. There were 16 ladies in attendance. TWC received the following awards: Achievement In Membership, Project: Recruitment; Achievement in Communications and Public Relations, Project: Chamber Business Expo; Achievement in Advocates for Children, Project: Huggy Bears for Local Hospitals; Achievement in Woman's History, Project: Capital Campaign Historic Preservation. Thank you to everyone whose hard work made these awards possible.

I'm looking forward to the May program. We will be making a wood and paint project. You may want to bring an apron or an old towel. Also in May we will be hosting the District meeting on May 24th. This is the installation of the new District Board and Carolyn and I will be installed as Secretary and First Vice President. TWC will be responsible for breakfast and the District will be responsible for lunch. We will need a committee to help with this. Let me know if you can help.



MAY CALENDAR

- | | |
|----------------------|------------------------------------------------------------------------------------------------------------------------|
| April 25 | Reservation deadline for May 1 st meeting |
| April 30 | Set up for tomorrow's meeting canceled |
| May 1 | General meeting
10 am Social Hour
11 am. Business Meeting
12 pm Lunch & Program
ART ACTIVITY |
| May 29, 10 am | Board Meeting, ZOOM |
| May 30 | Reservation for June 5 meeting |

Remember, we will be voting on Bylaw amendments at the May meeting. They were emailed in April.

1ST VP – DEAN OF CHAIRMAN

Carolyn Pohlner

Advocates for Children

The Volunteer Center recently published a plea requesting the following items for their Food Pantry: Fruit Cups, Pasta - canned and dried, Pasta Sauce and PB & J.

Also remember, children have birthdays too and a boxed cake mix and canned frosting would make a special treat for them!!

Civic Engagement & Outreach

Concerned about the homelessness rate in our area? Assemblyman Al Muratsuchi is hosting a South Bay Homelessness Town Hall, Sat, May 11th at the Toyota Meeting Hall from 2-4pm.

Environment

We continue to collect the plastic lids and bottle caps for the “Buddy Benches. Lee Large is collecting the RX bottles for the Service Dogs’ medications. No need to strip off labels - Lee will do it for you!

Health & Wellness

April is National Volunteer Month. Did you know that volunteering has health benefits?! The US Government celebrates this fact by drawing attention to the millions of Americans who volunteer to make their communities stronger. If the existence of a whole month dedicated to honoring volunteers is not enough to convince you, consider these statistics about the mental and physical health benefits of volunteering:

- 1) Volunteering makes us happy- Yes, helping people releases serotonin and makes people happier.
- 2) Volunteering lowers blood pressure.
- 3) Volunteering improves our confidence. It is a fantastic way to boost self-esteem, helping us feel more capable as we build our leadership and teamwork skills.

TREASURER’S REPORT

Sharon Broadbent



This is the list of the donations that were approved at the April meeting. Checks will be going out by the end of May. Thank you to everyone that supported our fundraising efforts to enable us to give to these organizations.

DCFS	200.00
Fisher House	100.00
Friends of Madrona Marsh	100.00
Painted Turtle Camp	100.00
Ronald McDonald House	100.00
Torrance Rose Float Association	100.00
Bob Hope USO at LAX	150.00
Community's Child	100.00
FANHS	500.00
Meals on Wheels	300.00
Rainbow Services	300.00
The Attic	100.00
March of Dimes	100.00
Shot @ Life	100.00
Cancer Support Community So. Bay	300.00
Torrance Education Foundation	300.00
Harbor Interfaith	100.00
LA Challenge - Beyond Tuition	300.00
Dolls of Hope	100.00
Switzer Center	250.00
HELP - Sponsorship of Gala	300.00
Volunteer Ctr. Teen Impact Makers	200.00
Friends of Torrance Theatre Co.	100.00
The ARC South Bay	100.00
	4400.00

Donations already made

DCFS	100.00
Trinity Kids	100.00
South Bay Children's Health Center	300.00
Guide Dogs of America	100.00
	600.00

HELPING HANDS

Bette Herbst



Helping Hands meets on the third Wednesday of every month. The members are making bears for Torrance Memorial Medical Center and Providence Little Company of Mary Hospital, completing twenty bears for each emergency department every month. There are many steps to complete a bear.

- The fabric is pinned, with front sides together
- Leaving the pins in, the bear pattern is cut out
- The front and back are sewn together leaving, a two-inch open space on one leg
- The bear is pulled through the opening and pressed with a hot iron, removing wrinkles
- The bear is stuffed with fiber fill and then the opening is sewn shut by hand.
- Facial features [eyes, nose and mouth], cut from fusible webbing, are ironed on
- The facial features are then completed with a black pen
- Lastly a ribbon is tied around the bear's neck.

The nurses on duty are always excited to see the bears arriving.

In December, 50 blankets were distributed to two facilities. The first on-going project is no-sew tied fleece blankets made for campers at Painted Turtle Camp, a camp founded by Paul Newman, for children with serious medical issues. If you would like to learn how to make these "easy" tied together blankets, come to Helping Hands OR view the video at this website.

[No Knot Tying No Sew Fleece Blanket | The Sewing Room Channel \(youtube.com\)](#)

In addition, cuddle blankets were sent to Rainbow Services in San Pedro, where services are provided for victims of domestic violence.

Members who are interested in working on items at home can also participate. Our members have been amazing in their efforts to keep these programs going.

INTERNATIONAL OUTREACH

Bette Herbst

Our International Outreach program for the year is Dolls of Hope--an organization that sends bears to children all over the world. Torrance Woman's Club sent fifty bears and a check for \$100.00. If any members would like to make an additional monetary donation to this organization, send a check to The Torrance Woman's Club, with notation at the bottom [for International Outreach] and give to TWC treasurer, Sharon Broadbent. The donation will be mailed to them.

CRAFT CONTEST

Bette Herbst

The first-place winning entries for the Marina District Craft Contest were on display at the April 13th District Convention: Carol Woods [Trash to Treasure, General Crafts, and Sculpture], Lynn Robinson [jewelry], Terry Moore [Counted Cross Stitch].

Thank you for participating in this contest—we were one of three clubs that were interested.

HOSPITALITY

Lois Koza

Ladies, for our Wednesday, May 1st meeting, if you had planned or signed up to volunteer for setup and/or decorations on Tuesday, April 30th at 10:00, there is a change of plans for that day. **The clubhouse will be having an all-day event and we will not be able to set up as we usually do!**

A TECHNOLOGY CHAIR

IN THE CORNER

SPAM! We hate to see it, we hate to receive it, and how can we combat it?

In 2024, text spam remains a pervasive issue, with scammers sending convincing messages that mimic banks or acquaintances. The surge in robotexts, reaching over 12 billion monthly in 2023, is attributed to numerous factors: data breaches leading to dark web sales, inclusion in hacked databases, auto-generated number lists, malware-infected contacts, and apps selling user information. Responding to these texts only confirms active numbers, exacerbating the problem.

To combat this, **never reply to spam texts**. Instead, utilize your phone provider's services to forward texts to 7726 (SPAM) for auto-blocking, or enable spam filters in your messaging app settings. For Android, activate Spam Protection, for iPhone, filter unknown senders.

One way to combat this problem is through Incogni, a solution that has proven effective for a fee around \$6.49 a month. It works as a service that removes personal information from data-broker sites notorious for selling data to spammers. Users report a significant reduction in spam texts after using Incogni and users have validated the service's progress in removing their details from numerous data brokers.

Other ways to combat spam, beyond texts and primarily from emails, require you to take action.

Mark as Spam: Most email services have algorithms that filter out spam and junk mail by tucking them away in a separate folder. If you find a spam email in your regular inbox, mark it as spam. This action will send it to the spam folder, and future emails from the same address will be filtered accordingly.

Delete Suspicious Emails: If an email looks like spam, delete it without clicking or downloading anything. Some spam messages contain software that confirms your active account when you open them, leading to more spam.

Use Multiple Email Addresses: Consider using different email addresses for different purposes. Use a separate address for public forums, newsletters, and online sign-ups to reduce exposure to spam.

Unsubscribe from Unnecessary Newsletters: Regularly review your subscriptions and unsubscribe from newsletters you no longer need. Respond to or interact with suspicious emails cautiously.

Enable Spam Filters: Set up spam filters in your email client to automatically detect and move spam messages to a designated folder.

Remember to stay vigilant and protect your inbox from unwanted spam!

PLANNED GIVING THROUGH

ESTATE PLANNING

CREATING IMPACT ACROSS

GENERATIONS

Planned giving, also known as legacy giving, plays a crucial role in supporting Torrance Woman's Club, among other non-profits and charities that you wish to help. These contributions, made through wills and trusts, allow donors to leave a lasting impact and make a statement about the benefactor's support of our organization. We all, as humans and members of this great club, hope to inspire future generations to give back to our community. Legacy giving is an ideal way to continue to give back and set an example of philanthropy.

Legacy gifts to The Torrance Woman's Club can be recognized in many ways, including directed gifts towards our Preservation Fund or for educational purposes, a Scholarship named after the benefactor. What better way to enshrine our philanthropic goals while carrying on a family legacy of giving.

Please ask your estate planning attorney about ways you could use a portion of your estate to make a world of difference in the lives of students as part of your legacy. Please feel free to contact me or President Lynn Robinson or Treasurer Sharon Broadbent to discuss planned gifts in general terms at any point.

Mary Alessandra-Cook, Preservation Fund Chair

2ND VP: MEMBERSHIP

Janice Petrosino

In the last month I gave out twenty-seven membership awards and pins. Let's congratulate these women for their dedication and years given as members of The Torrance Woman's Club. Congratulations to all. My apologies to Deanna Hanson for not giving her award last month. I will be awarding it this month when I find it on my desk.

Five-year award: Ges Davis, Teresa Furey, Betty Paxton, LaRee Lydon, Alycia McCord, Lynda Myers and Betty Robertson

Ten Year Award: Ericka Chapman, Alice Honda, Connie Vassie, Allison Jones, Claudeene Lyon, Yoko Mendelson, Beverly Saliba, Cherie Wiseman

Fifteen Year Award: Marilyn Barker, Jeralyn Kirby, Hanna Knight, Maxine Trevethen, Donna Webb

Twenty Year Award. Linda Lescoe, Kathleen Davis, Joanne Free, Joy Marcon, Deanna Hanson, Janice Petrosino

Twenty-Five Year Award: Pam Sheerin

I will be collecting Dues in May. Please see me with your check.

**IT'S MEMBERSHIP
RENEWAL TIME!**



RESERVATIONS

Susan Warner

Reservation due date is Thursday, April 25th. The \$20 reservation fee is paid at the door when you arrive. If you do make a reservation and are unable to attend, we kindly request that you be responsible for the fee and notify our treasurer. Sharon Broadbent.

Please make your reservation with Susan Warner.

Telephone (310) 534-4092

Or

E-mail luvsapanda1@aol.com

Reservations need to be made by the Thursday before each monthly general meeting and luncheon. Looking forward to seeing all of our incredible TWC ladies each and every month.

MAY PROGRAM

Carolyn Pohlner

Our May program is a hands-on demonstration from Vivian Millet, Owner/Operator of Board & Brush in downtown Torrance. No experience necessary for this DIY workshop. Board & Brush will provide the instruction, materials and the fun - TWC members just need to bring their creativity and personality!

After lunch, we will strip the tables for these individualized projects, so ladies, you may want to bring an apron or old painter's smock to protect your nice clothing.

May Birthdays

- | | |
|----|------------------|
| 1 | Juanita Davis |
| 4 | Irma Chiota |
| 4 | Marjorie McKarns |
| 10 | Bette Herbst |
| 11 | Joy Marcon |
| 16 | Teresa Furey |
| 17 | Carol Delome |



CITY OF TORRANCE
COMMISSION ON AGING

Hello Ladies

Older American Awards: Congratulations to our very own Carolyn Pohlner who has been selected as a recipient of a 2024 Older American Award. Carolyn's years of volunteering in the community at the Torrance Woman's Club, Torrance/Lomita Meals on Wheels, Torrance Historical Society and several other organizations, has earned her this nomination. Carolyn will be honored at the May 7th, 2024, City Council meeting.

You are invited to attend the monthly meetings of the Commission on Aging.

The meetings are held on the first Tuesday of each month in the Commission Meeting room in the West Annex building (3031 Torrance Blvd.), which is located next door to the City Hall.

The Commission deals with the needs and issues confronting senior citizens in the community and provides a voice for senior citizens as a community group. The Commission has a direct liaison to the City Council.

The next meeting of the Commission on Aging is scheduled for Tuesday, May 7th at 9:30 am.

This meeting will feature a presentation by Michael George, Reference Librarian, City of Torrance Library.

We hope that you can attend.

The April Speaker from the Social Services Commission was very informative. Julia Smith reported that the jurisdiction of the Social Service Commission was focused on Veterans, the Homeless Population, Adults with Developmental Disabilities, and Children with Special Needs.

She stated that the annual Toiletry Drive would be held in April, with the toiletries donated to families in need and to the homeless.

In June and July the Commission holds their Back-to-School Supplies Drive for the Torrance Unified School District.

They also host the annual Veterans Appreciation Event every November.

Senior Trips: The recent Senior Trip to Tanaka Farms in Irvine on March 27th was a huge success. The next planned trip will be to the Getty Museum on June 5th. Details can be obtained at the Bartlett Center at 310 618-2898, Patti Goldenson.

City of Torrance Weekly eNewsletter: Did you know that the city publishes a weekly online eNewsletter every Thursday? In it you can read about what is happening in Torrance. It is a great way to stay in the loop. Subscribe at eNewsletter@TorranceCA.Gov

City of Torrance Home Improvement Program: The Home Improvement Program is a free program in which Disabled Individuals and Senior Citizens can have home improvement services completed provided they meet certain criteria and are Torrance residents. Services provided include, but are not limited to, disability upgrades for the home and minor repairs. The application for this program can be found on the city's website.

Centenarian Award: The Centenarian Award is a celebration of Torrance residents who have reached the beautiful age of 100. Each Centenarian is honored at a City Council meeting with a City Resolution and a Commemorative coin. If you are nearing 100 years of age, or know someone who is, let us know so that they may be part of this memorable celebration. The application for Centenarian is on the city's website.

Mary Hileman, TWC Member
Commissioner, Commission on Aging

Torrance Armed Forces Day Parade is May 18th.

