

Member General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000

President-Lynn Robinson, 1st VP-Carolyn Pohlner, 2nd VP-Janice Petrosino, 3rd VP-Janet Payne, Recording Secretary-Betty Robertson, Corresponding Secretary-Deanna Hanson, Treasurer-Sharon Broadbent, Auditor-Lynda Myers, Ways and Means-Open, Program-Carolyn Pohlner, Press-Pam Ament, Yearbook-Open, Newsletter- Carol Woods, Reservation-Susan Warner, Parliamentarian-Open, Historian-Open, Directors-Madonna Davenport/Lee Large/Fran Day, Technology-Mary Alessandra-Cook

OCTOBER 2023 NEWSLETTER

President's Message Lynn Robinson

How did it get to be Fall already? That means Halloween, Thanksgiving, Christmas and Rose Float decorating are right around the corner! It's that time of year when time seems to go faster. I don't know about you, but I have trouble keeping up during the rest of the year! Fortunately, we have a calendar in each newsletter to keep us on track.

September was a busy month. As you can see in Janet's report the window repair has been completed. The first day they were there we also had the painter, a roofing company and termite company there to inspect and prepare estimates. The good news is that we don't need a new roof, just some sealant applied. The bad news we do have some termites and the termite man found a small leak in a pipe under the kitchen. We are addressing the leak asap. The termite work can be done in stages and we will continue to research that.

On a happy note, we are planning some more just for fun afternoon events in October and December. Stay tuned!



City of Torrance Commission on Aging

Hello Ladies, You are invited to attend the monthly meetings of the Commission on Aging. The meetings are held on the first Tuesday of each month in the Commission Meeting room in the West Annex building (3031 Torrance Blvd.), which is located next door to the City Hall.

The next meeting is scheduled for Tuesday, October 3rd, at 9:30 am.

This meeting will feature Laura Hernandez from New Challenge Ministries, the South Bay's largest fresh food – food bank. She will be speaking about Food Insecurity in Seniors.

We hope that you can attend the meeting.

Mary Hileman, TWC Member Commissioner, Commission on Aging

<u>1st VP - Dean of Chairmen</u> Carolyn Pohlner

Advocates for Children

Just a reminder, TWC will be collecting nonperishable food items all year long, at every monthly meeting for the food pantry at The Volunteer Center. Any and all food items are welcomed, but as a recent article on poverty rates in America pointed out, food pantries in our country are especially low on peanut butter and jelly, applesauce, and cereals. Please keep this in mind next time you grocery shop.

California Federation Of Women's Clubs

Don't forget to sign up for the Area C Conference on October 14th at The Grand Hotel in Long Beach. Please make your reservation through Lynn Robinson and/or Sharon Broadbent. Cost is \$40. Hawaiian attire encouraged. There will be vendors, silent auction, district prizes and light AM fare, with a "Cobb Salad Bar" lunch.

Civic Engagement & Outreach

Once again at the September and October "Helping Hands" gathering, members will have an opportunity to craft Valentine's cards for Vets. Carol Woods will provide supplies and card making techniques to those who attend.

Environment

Last days to visit the South Coast Botanic Gardens to see the "Washed Ashore" Exhibit. Closes Sept 30th. Really worth seeing!

Health and Wellness

"I Support the Girls"- Look for the mesh bra bags on the tables this month to donate some of your excess change for hygiene products and underwear for homeless women and girls.

Also, for this month only, there will be blank notecards on the tables for members to write some encouraging words of support to women who are going through the ravages of breast cancer. These will be collected and sent to the "Girls Love Mail" headquarters.

Program Chairman Carolyn Pohlner

I'm hoping members will notice right away the attractive butterfly pink ribboned pins at each place setting when they enter the Clubhouse in October. These are provided for all in recognition of October's National Breast Cancer Awareness Month. There will also be the mesh lingerie bags for "I Support the Girls" on the tables for your extra pocket change.

In keeping with this theme, our Guest Speaker for the general meeting is Dr. Melanie Friedlander, a well-known and highly regarded surgeon practicing right here in Torrance with the Association of South Bay Surgeons. Dr. Friedlander's resume is impressive, but more importantly are the testimonials and accolades from her patients. She hopes to share with us **"The Importance of Breast Health and Mammograms".** Ladies, have you scheduled your mammograms for the year!?

Bring on the fun and indulge your individual creativity! Come to the meeting dressed in your favorite Halloween costume and you might walk away with a \$50 Trader Joe's Gift Card for Best Costume!

<u>2nd Vice President – Membership</u> Janice Petrosino

Happy October Ladies, we will soon be having crispier weather. October is the door opening to fall and shorter day light.

I thought I would give you a little history on the California Woman's Clubs and how we got started. The first woman's club in California was the Ebell Club, founded in Oakland in 1878. In 1897 a number of clubs in the San Joaquin Valley united under the name of San Joaquin Valley Federation. In 1898 San Diego formed a County Federation. In 1899 Mrs. Charles Henrotin, past president of the General Federation of Women's Clubs and the primary organizer of state federations within the General Federation, visited California to present the subject, California women were ready. A meeting of California women's clubs was held in the Ebell Club House, 724 Broadway, Los Angeles. On January 17, 1900, the California Federation of Women's Clubs was formed with forty clubs

representing nearly 6,000 women. The California Federation of Women's Clubs was admitted to the General Federation of Women's Clubs in May 1900.

I hoped you enjoyed reading a little about our history.and how we got started. Maybe I will put some more information in our next issue.

<u>3rd VP – House Chairman</u> <u>Janet Payne</u> WINDOWS PHASE 1 COMPLETE!!

- All work completed in two days on the six large bays of windows by an awesome team of craftsmen. Repairs and restorations done with all the right materials.
- The old drapes need to be rehung temporarily until the inside painting is scheduled to commence. Outside work can start as early as December. Then after ALL the painting is done on the windows, we can hang the new drapes that will be ordered.
- We have roofing, termite and plumbing bids. Some need to be done immediately.
- Our "lady" (our clubhouse) is really in need of these most immediate issues to keep her around so we can enjoy the fact that TWC has their own Clubhouse to use all the time.

RESERVATIONS

Susan Warren

Reservations due date is Thursday, September 28th. The reservation fee of \$20.00 will remain the same, paid at the door when you arrive. If you do make a reservation and are unable to attend, we kindly request that you be responsible for the fee and notify our treasurer Sharon Broadbent.

Please make your reservation with Susan Warner.

Telephone (310) 534-4092 Or E-mail luvsapanda1@aol.com

Reservations need to be made the Thursday before each monthly general meeting. Looking forward to seeing all of our incredible TWC ladies each month.

HOSPITALITY Lois Koz

Set up to take place on Tuesday, October 3rd at 10 a.m. and if you did not get a chance to sign up at last month's meeting and have some time, you are welcome to show up. Also, you can contact me directly at 203-545-9048 or email effie4x4@hotmail.com.

INTERNATIONAL OUTREACH Bette Herbst

Dolls of Hope was contacted and provided a source for mailing our Huggie Bears to the Ukraine. Their bear patterns are identical to ours, but the ribbons were removed as they were considered a danger to the children.

This organization provides bears and dolls to needy children all over the world. .Our club is sending a cash donation. Therefore, if you would like to make a donation as well, send a check to the Torrance Woman's Club and mark it for Dolls of Hope.

Community Service Project LOS ANGELES REGIONAL FOOD BANK

Last call! Only 7 spots left on our team roster. If you have not already registered and now want to participate on the "Torrance Woman's Club Family and Friends Team" on Saturday, October 28th, at the LA Regional Food Bank in the City of Industry, then drop everything you are doing and contact Mary Alessandra-Cook for the information and link to sign-up. <u>maryalessandra@cox.net</u>

You can bring a friend, a spouse, even an adult child if they want to be part of the team. Together we can all make a positive impact in helping to end hunger in the community.





HELPIHNG HANDS

Technology Chair in the Corner

For this month's tech tips, let us do some mousing around. You can create some mouse-based shortcuts based on special mouse features. Here are 7 things you did not know your computer mouse can do:

1. Zoom in or out - hit CTRL and spin your scroll wheel up to zoom in and down to zoom out.

2. Change the size of icons – if your icons are too small, if you have too many and need to shrink them, then click your desktop background, hold CTRL on the keyboard, and scroll up or down to change the sizing. All your icons will change and stay in unison. 3. Select a word or paragraph - you know to doubleclick to launch applications but double-clicking highlights a word if you are in a document or on a webpage with text. Have you ever heard of tripleclicking? This will highlight an entire paragraph. You can also do this to highlight a word in a URL or the entire URL.

4. Select a column of text - Like in Excel, you can do the same in a Word document by holding down ALT + left click and drag the cursor over the text you want to highlight. Release the ALT key and mouse button, and you will get a menu with options for your highlighted text.

5. Copy and move items – Highlight some text, hold down CTRL + left click, then drag the text elsewhere where you then let go of the mouse button and your text will be copied and pasted. You can also do SHIFT+ left click to drag text to a new location.

6. Open a link in a new browser tab – to open a link without losing the page you are on, right-click and select "new tab" option.

7. A new way to scroll - rather than spinning the scroll wheel up and down, press it in. You will see a little circle pop up with a dot and two arrows. Now move your mouse up and down to scroll the page without straining your fingers and arm. If your

mouse has a tilting scroll wheel, tilt left and right in a horizontally scrolling window or app.

Source of this month's tips, Kim Komondo's weekly newsletter, and revised by Mary Alessandra-Cook

Hildegard Graeber

Hello to all our Helping Hands



Wednesday and had fun with the usual Huggy Bears, but in August we tried a new skill, as taught by our own Carol Woods, and that is the art of making greeting cards, specifically Valentines to be sent to Operation Gratitude for them to include in "care packages" for soldiers posted far away. I'm attaching pictures to show some of the supplies used, and completed cards. This endeavor seemed difficult at first, but we had fun learning it, and we'll try it again. Join us for more creative and heartwarming fun.



ADVOCATES FOR CHILDREN Gina Radocchio, Chairman

To support the children in foster care and the children in hospice and palliative care I am again collecting coats for DCFS and gift cards for the children in Trinity Care. If you would like to donate a coat but can't go shopping, I am happy to shop for you. Please make your check payable to The Torrance Woman's Club. I am happy to pick up your donation of a coat or coats or you can bring them to a meeting.

Trinity Care is requesting Christmas gift cards for the children and their families. I will be purchasing the cards at the end of October so we can get them to the families by mid-November. Last year we adopted 6 families with cards of \$100 for each family member. If you would like to donate, please make your check out to The Torrance Woman's Club and I will purchase, wrap and deliver the cards to Trinity Care. They are observing strict health care directives for children. Thank you for your kindness and generosity.

CRAFT CONTEST Bette Herbst

Once again, the Marina District is having its annual craft contest. While the state is no longer participating, the Marina District will have a contest to be held at the El Segundo Woman's Club on January 19, 2024. The entries will include one entry per item from a club member in the following categories:

- Hand Quilting
- Machine Quilting
- Apparel Sewing
- Knitting
- Crocheting
- Other Needlework
- Counted Cross Stitch
- Weaving
- General Crafts
- Trash to Treasure
- Sculpture
- Glass





Now is the time to consider what you would like to enter. Let's have a lot of entries from Torrance this year with the first-place winner's items going to the Marina District Convention - an opportunity to show the District's

crafts! An entry form is necessary for each item and will be available from your Craft's Chairman later this year. Bette Herbst is your chairman if you have any questions.



CALENDAR



Reservation deadline

Sept.	28
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Oct. 3	10 a.m.
Oct. 4	
	10 a.m.
	11 a.m.
	12 .m.

Oct. 13 Oct. 19 10 a.m. 4:30 pm Oct. 25, 10 a.m. Oct 26 for October 5th meeting Set up for general meeting General meeting Social Hour Business Meeting Lunch & Program <u>HEALTH ISSUES FOR</u> <u>MATURE WOMEN</u> Newsletter articles due Helping Hands Chamber Expo Board Meeting Reservation deadline

for November 1st meeting





DISTRICT CALENDAR

Oct. 13	Marina District Executive
	Board Meeting
Oct. 14	CFWC Area C Meeting
	The Grand Hotel
	4101 E. Willow Street
	Long Beach
Oct. 20	Marina Dist. Zoom Meeting
	Leadership



OCTOBER BIRTHDAYS

6	Jan Avent
8	Joan Harmon
9	Bernadette Kociemba
12	Barbara Bounds

- 15 Alice Honda
- 15 Vicki Belinski
- 16 Ellen Jenkins
- 17 Lynn Robinson
- 20 Mary Alessandra-Cook
- 21 Deanna Hanson
- 21 Barbara Freeman
- 22 Connie Hay
- 26 Sachi Kanenaka

EL SEGUNDO WOMAN'S CLUB CLUBHOUSE RECEIVES NATIONAL REGISTER OF HISTORIC PLACES STATUS.

On Monday, September 18th Janice Petrosino, Jeanne Gilbreth, Joan Harmon and I attended the plaque unveiling ceremony and reception at the El Segundo Woman's Club. The event was to celebrate the listing of the clubhouse on the National Register of Historic Places.





