



# The Torrance Woman's Club Voice

Member

General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District

Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000 Torrancewomensclub1921@gmail.com

TWC Officers: President-- Carolyn Pohlner , 1st VP/Dean-open, 2nd VP-Carol Woods, 3rd VP-Lynn Robinson, Recording Secretary-Ellen Jenkins, Corresponding Secretary- Carol Delome, Treasurer- Sharon Broadbent, Auditor- Sacha O'Hara, Ways and Means-Pam Ament, Program--Pam Barrett-Hill, Press-Pam Ament and Carol Delome, Yearbook- Lynn Robinson, Newsletter- Lynn Robinson, Reservations--Betty Robertson, Parliamentarian- Pam Ament

## DECEMBER 2024 NEWSLETTER

### **PRESIDENT**

**Carolyn Pohlner**

*"The best gifts you can give are:*

*Your Time*

*Your Attention.*

*Your Love.*

*And Your Appreciation."*

Dear Ladies,

I came across the above sentiment recently and its simplicity really struck me! So often we are caught up in the hustle and bustle of preparing for the Holidays, we sometimes forget the "what and why" we're celebrating. As you ready yourselves for Christmas, Hanukkah and the New Year, I hope you will remember to take some special *Time to Attend to those you Love and Appreciate!*

Happy Holidays and Thank You for all your support and commitment to The Torrance Woman's Club in 2024.

Carolyn



### DECEMBER CALENDAR

<b>Dec. 06</b>	<b>Reservations due for Dec. Meeting</b>	
<b>Dec. 10</b>	10	Meeting Set Up
<b>Dec. 11</b>	General meeting	
	10 am	Social Hour
	10:45 am.	Business Meeting
	12 pm	Lunch & Program
	Torrance Civic Chorale Holiday Bazaar	
<b>Dec. 20</b>	11 am	USO Tour
<b>Jan. 03</b>	10 am	Board Meeting Via Zoom
<b>Jan. 03</b>	<b>Reservations due for Jan. Meeting</b>	

### **THINGS TO BRING ON DEC. 11TH**

- Items for the Volunteer Center Food Bank**



## MARINA DISTRICT CALENDAR

Jan. 17	9:00 am.	District Meeting El Segundo WC Reports Due
---------	----------	--

### FIRST VICE PRESIDENT/ Dean of Chairmen OPEN



We're looking for someone to fill this position!

Since we do not have a First VP Dean of Chairmen, I will be compiling the Board Officers' and Committee Chairmen's hours and reports for TWC's Annual Report this year. I ask that all members please submit their Hours as soon as possible **after Dec 31<sup>st</sup>, but no later than Jan 6<sup>th</sup>** to me. You may use the Volunteer Hours Form attached at the end of this Newsletter. Thank you!

Carolyn

### SECOND VICE PRESIDENT – MEMBERSHIP Carol Woods



#### Membership (Harmony in Action)

In order to have your guest feel welcome and special. Please direct them to the membership table after they have checked in at the front table located

in the foyer. They will fill in the guest contact sheet so the membership team can follow up with them and monitor our progress toward increasing the TWC membership.

Thank you for sharing our mission and love for our community with your friends.

Carol

### THIRD VICE PRESIDENT/ HOUSE CHAIRMAN Lynn Robinson

Our insurance issues have been resolved. The House Committee will meet after the first of the year. Happy Holidays.

### RESERVATIONS Betty Robertson



Hello everyone. Our deadline for reservations this month is December 6th. Please call me at 310-367-1188 or email at [betsew@aol.com](mailto:betsew@aol.com) and let me know that you will be attending. I so look forward to hearing from each of you and also seeing you at our general meeting which will be on December 11, 2024. Merry Christmas!



#### DECEMBER

8	Gina Radocchio
11	Joan Earhart-Rosenkranz
30	Claudeene Lyon


**HAPPY BIRTHDAY TO YOU!!**



## HOSPITALITY


Lois Koza 



Hello 

Ladies  our setup for the December 11th meeting will take place on Tuesday, December 10th at 10:00 AM.

I look forward to seeing all you lovely decorators  who signed up to decorate your own table . I know in addition to having a fun time, we will once again transform our meeting room into a magical, lovely wonderland!

Bye for now   
Lois

Ladies, just a reminder that wine prices have increased to \$2.00/glass for our monthly General Meetings. We would like to ask Members to consider donating bottles of their favorite wines, Prosecco, and other libations to supplement the TWC Wine "Cellar"! All contributions are very much appreciated!

Thank You!

TWC Board

## WAYS AND MEANS CHAIR Pam Ament



The weather outside is not too frightful, but it is chilly, so stay warm and cozy. December has always been my neighbors' favorite month because they know I will be purchasing yummys from our Holiday Bazaar tables!

This is just a reminder to bake, craft, and bring your items to the December 11<sup>th</sup> General Meeting for sale. This event has been a favorite of mine since I joined the Club; it is always filled with lovely artistic items, baked goods, and surprises from our Membership.

Please price your items for us; we never know how much love went into the process, and only YOU know their worth.

Our Ways and Means Committee will be at the Clubhouse on Tuesday, December 10th, between 10 a.m. and 11 a.m. to collect your items. If you want them out of the way, we will be happy to take them out of your hands and put them on the tables.

On a personal note, the Ways and Means Committee would like to thank the membership and their friends for the lovely attendance at our fundraising endeavors so far. August's Sip and Paint, September's Jewelry and Purse sale, October's Victorian Tea, and November's Pound Auction! It has been a pleasant whirlwind of activity, bringing in around \$2,500.00 so far! I am abuzz with pride in your support: many, many thanks!

Luv from your Ways and Means Committee,

Pam Ament  
Lois Koza  
GG Mansfield  
Janice Petrosino  
Linda Pollick  
Betty Robertson

## SEE'S CANDY

The See's Candy orders have arrived! If you would like to receive your candy before the December 11<sup>th</sup> meeting, you may contact Ellen Jenkins at #310-617-7588 to make arrangements to pick them up at her house. Otherwise, the candy will be available at the meeting.

## PROGRAM DIRECTOR Pam Barrett

Hello ladies--after all the "fun" we had at the "pound auction"--let's continue the "fun" with our annual holiday boutique and bake sale. Every year there are new items to buy and eat! Since this is a fundraiser, let's do both! After lunch we will have the pleasure of listening to the Torrance Civic Chorale! Another year of wonderful holiday music! ---speaking of another year, I'm hoping to arrange

a medical panel to speak to us on Woman's issues in January, 2025! Since we all have lots of medical issues to talk about, we probably need more than an hour, maybe two, three, etc.. (just kidding). Please plan to stay to see if your question is answered--thanks!

Pam

### USO Tour

Ladies--I don't know if you had a chance to go with us to the "USO" in the past? We had a wonderful tour of the operation, and we were able to give out our 12 boxes of lollipops to the organization. . Carolyn and I are planning a tour of the facility, with Victor Briscoe, the USO's personable Center Director, as our Tour Guide.

The date is **December 20th** and we need to be there by 11 am.-- we will plan to car pool--save the date. We will go to lunch after the tour, if you like?!!

Thanks,

Pam



## TECHNOLOGY CHAIR IN THE CORNER

Mary Alessandra-Cook

### Technology Chair in the Corner

#### An item first for awareness:

**Gmail scam is spreading:** This is frightening. Watch out for fake [Gmail account recovery request](#) notifications that look like the real deal. Hackers try to convince you to sign in through a phony login page, where they can then capture your password. Ignore or decline the request and they'll follow up with an AI-generated Google support call in which the caller claims someone has accessed your account and stolen your data. Ignore that, too. Pass this on so everyone knows this is happening.

Now on to some tech ideas as we close out the year...

**New Year's Tech Goals for Seniors in 2025:  
Embrace, Engage, Enjoy!**

As we step into 2025, technology is becoming friendlier for all ages, and it's the perfect time for seniors to set some fun tech goals! Here are a few that are both achievable and rewarding.

**Master the Smart Home:** From voice-activated assistants to easy-to-use smart plugs, transforming your home can be simple and enjoyable. Set a goal to add one new device, like a smart light or thermostat, to enhance safety and convenience.

**Video Chats with Flair:** Gone are the days of blurry video calls. This year, try experimenting with augmented reality filters on your calls! Platforms like Zoom and FaceTime now offer fun backgrounds, filters, and effects to spice up chats with family and friends.

**Explore Wearable Health Tech:** 2025's wearables are designed to be stylish and user-friendly. If you haven't yet, consider trying a smartwatch or health tracker to monitor steps, heart rate, or sleep. These gadgets offer a great way to stay active and motivated.

**Digital Photo Albums:** Apps like Google Photos and Apple Photos now make it easier than ever to organize and share memories. Set a goal to digitize old photos or learn to create a shareable online album.

Embrace these tech goals in 2025, and let the new year be about staying connected, entertained, and empowered with technology.

#### ***And finally, for those of you who would like a little more privacy when using search engines...***

Try a privacy-first search engine. You won't see AI tools like ChatGPT because this list sticks with traditional search engines. There are endless options, but here are a few good places to start:

**DuckDuckGo:** Its entire gimmick is its lack of user tracking, as well as a company policy of no targeted ads or relevant results based on your search history.

**StartPage:** The Netherlands-based company calls itself “the world’s most private search engine.” StartPage pays Google for the use of its search algorithm but strips out the tracking and advertising that comes with it. As a result, you get a Google-like experience, along with the promise your data will never be stored, tracked or sold.

**Ecosia:** It’s a traditional search engine, ads and all, but its profits go to planting trees worldwide — over 217 million to date and counting. Ecosia doesn’t sell your data, and its searches are encrypted. They collect “a small amount of data” by default; you can opt out.

**Dogpile:** Google, Yahoo, Bing and all the rest have their own ways of sorting through search results. Dogpile combs through them all to help you find what you’re looking for.

#### **Mary Alessandra-Cook**

*(article information credits go with using my own Chat GPT prompts and some culled info from Kim Komando’s tech newsletter)*

### **CIVIC ENGAGEMENT AND OUTREACH – Mary Hileman**

#### **Los Concioneros Master Chorale**

The Holiday performance of the Los Cancioneros Master Chorale will be held on:

**Sunday, December 15<sup>th</sup> at 7:00 pm at the Armstrong Theater. Tickets are \$35.00.**

“Gloria in Excelsis” will be the theme of the performance.

**Tickets at [lcmasterchorale.com](http://lcmasterchorale.com) or 310 781-7171**

#### **Torrance Cultural Arts**

The annual presentation of **The Nutcracker Ballet** will take place at the Armstrong Theater on

December 13<sup>th</sup> and 14<sup>th</sup>. Tickets are \$45.00 and can be purchased on line or by calling the theater.

**[torrancearts.org](http://torrancearts.org) 310 781-7171 Box Office**

**David Benoit, famous jazz pianist and composer,** is performing at the Armstrong Theater on Sunday, January 26, 2026 at 7:00 pm. Tickets are \$40.00 to \$50.00 and available on line or call the box office.

**[torrancearts.org](http://torrancearts.org) 310 781-7171 Box Office**

#### **Senior Tech Services**

There are several opportunities to get free tech support for your phone, lap top or tablet.

**Bartlett Center:** Call the center for their next Tech Day and time. 310 320-5918

**H.E.L.P.:** Tech Tuesdays, by appointment. Call 310 533-1996 (The HELP office is located in the AAA building, 23001 Hawthorne Blvd., #203)

#### **COMMISSION ON AGING**

Meetings are held on the first Tuesday of each month in the Commission Meeting room in the West Annex building (3031 Torrance Blvd.), which is located next door to the City Hall.

**The next meeting of the Commission on Aging is scheduled for January 7th, 2025 at 9:30 am.**

### **HEALTH and WELLNESS Mary Hileman**

**Here are some ways to minimize the stress and amplify the joy during the busy holiday season:**

1. Let go of unrealistic expectations
2. Set limits for gift-giving
3. Take time each day to reflect on the things you are grateful for
4. Plan ahead
5. If you are experiencing loneliness or the loss of a loved one, try to spend time with people who care about you



6. Prepare for the extra intensity, eliminate stressful or unnecessary activities or chores
7. Re-evaluate your holiday traditions. Are they to stressful or time-consuming?
8. Be prepared to say no to invitations you don't want to accept
9. Stay active to reduce stress and boost your mood. Even a short walk can make a big difference.
10. Beware of overindulgence by eating, drinking and spending in moderation.



## **TORRANCE CHAMBER OF COMMERCE BUSINESS EXPO**

On November 7th, six of us TWC ladies were in the lobby, at the Marriott, displaying Our "club " information. --thank you to the following ladies: Lee Large, Lois Koza, Ellen Jenkins, Carol Delome, Linda Pollick, and me. We gave out our new business cards and we had a few names of interested ladies, whom Linda has contacted. -- I think it is very important to let the community know where our charitable contributions are needed. Let's continue this event !!  
Pam Barrett



**\*\*\*Calling All Friends and Family of Joan Rosenkranz (Ciccione/Earhart)\*\*\***

**Joan's 75th Milestone birthday is coming up on Wednesday, December 11th, 2024.**

**I am emailing to ask if you would be willing to shower her with love on her day by writing and sending her a birthday card to mark this special occasion!**

**Thank you for being a special part of her life and contributing to making her birthday a one to remember!**

**If you have any questions or concerns, feel free to contact Karen Rosenkranz (Joan's sister) at 847-207-8257 or via email at [rosenkranzkranz@ameritech.net](mailto:rosenkranzkranz@ameritech.net).  
Best, Ruth Roumell (Rosenkranz- Joan's Niece)**



## **HELPING HANDS Bette Herbst**

Helping Hands is not meeting in December. We'll be back in January.

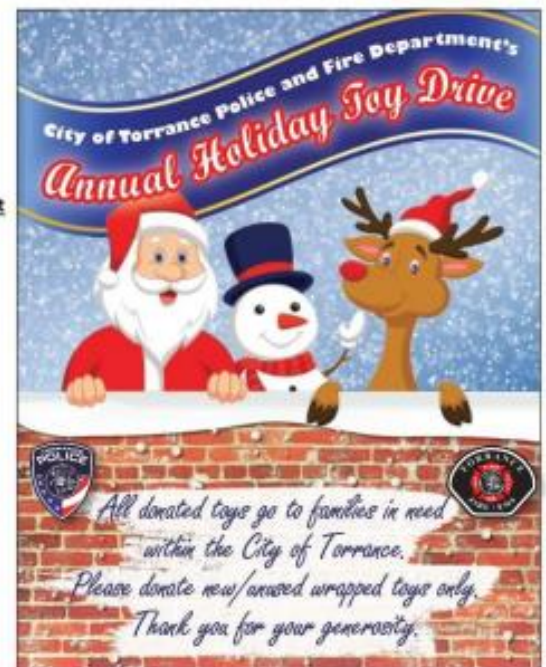


# Torrance Police and Fire Holiday Toy Drive



The Torrance Police Department and the Torrance Fire Department are teaming up once again for our annual "Holiday Toy Drive". The donated toys will go to the families in need within the city of Torrance. Requesting families may fill out the Annual Holiday Family Assistance Program Application at the Torrance Police Department (3300 Civic Center Drive) or at the Torrance Fire Department Fire Station #1 (1701 Crenshaw Blvd).

We will begin collecting toys **Friday, November 25th**. If you would like to donate a new unwrapped toy or gift card, (please **NO USED** toys) you may do so at the following locations:



**We will not accept stuffed animals, video games, DVD's, clothing, or shoes.**

In addition to toys for younger children, we will also need items for older children such as sports equipment (balls/Frisbees/gloves) art supplies, and age appropriate board games.

For more information on the Torrance Police and Fire Holiday Toy Drive, please visit

[www.Police.TorranceCA.Gov](http://www.Police.TorranceCA.Gov)

Or

310-618-2973

**Torrance Woman's Club**  
**Annual Reporting - January 1, 2024 to December 31, 2024**

**Please complete description, hours, dollars and in kind.**

**NAME:** \_\_\_\_\_

ACTIVITY	DESCRIPTION	HOURS	DOLLARS	IN KIND
<b>COMMUNITY SERVICE PROGRAMS</b>				
	<b>  ARTS</b>			
Art Contest Writing /Photography/ Crafts/ Music Contests Torrance Civic Chorale/Local Theatre Torrance Cultural Arts Foundation Attend Concerts /Ushers Torrance Rose Float TMMC “Festival of Trees”				
	<b>CONSERVATION</b>			
Paper Recycling Green Recycling Bottles, Cans, Etc. Gardening Other – “Pennies for Pines”				
	<b>EDUCATION</b>			
Teacher's Aids Book Club/ESO hours Back Packs Reading to Students Donate Classroom Books Donate to Local Libraries Volunteer at Library Dr. Seuss Books Other				
	<b>HEALTH &amp; WELLNESS</b>			
Hospital Volunteers H.E.L.P. Volunteers Fitness “Girls Love Mail” notecards Torrance EXPO Immunizations - COVID, Flu Shots Mammograms				
	<b>INTERNATIONAL OUTREACH</b>			
Other- Huggy Bears to Poland				
	<b>CIVIC ENGAGEMENT &amp; OUTREACH</b>			
Service Dog “Cup of Joe” “I ‘I Support the Girls”				



USO - Toilettries, See's Lollipops Military - "Operation Gratitude" Police Department Fire Department-Holiday Toy Drive Other Civic Activities				
	<b>SPECIAL PROJECTS</b>			
	<b>DOMESTIC VIOLENCE</b>			
Volunteer/Donations- "Doors of Hope" Toiletries				
	<b>ADVOCATES FOR CHILDREN</b>			
"Buddy Benches" DCFS - "Food for Kids"/Volunteer Center "Helping Hands"				
<b>COMMUNICATIONS &amp; PUBLIC RELATIONS</b>				
Newsletter- Writing monthly articles Individual Community Activities				
	<b>LEADERSHIP</b>			
General Meetings Board Meetings District Meetings District Officer District Chairman CFWC Officer CFWC Chairman Historic Preservation Committee TWC Officers TWC Committees Other				
<b>LEGISLATION &amp; PUBLIC POLICY</b>				
Other - November 2024 Voting				
	<b>MEMBERSHIP</b>			
Processing New Members & Introduction Mentoring New Member(s) /Other				
	<b>WOMEN'S HISTORY &amp; DEVELOPMENT</b>			
Other				
	<b>FUNDRAISING</b>			
Fashion Show Holiday Bazaars "Brown Bag Auction" Ralph's Donations/See's Candy Fundraisers Other				