



# *The Torrance Woman's Club Voice*

Member

General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District

Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000 Torrancewomansclub1921@gmail.com

TWC Officers: President-- Carolyn Pohlner, 1st VP/Dean-open, 2nd VP-Carol Woods, 3rd VP-Lynn Robinson, Recording Secretary-Ellen Jenkins, Corresponding Secretary- Carol Delome, Treasurer- Sharon Broadbent, Auditor- Sacha O'Hara, Ways and Means-Pam Ament, Program--Pam Barrett-Hill, Press-Pam Ament and Carol Delome, Yearbook- Lynn Robinson, Newsletter- Lynn Robinson, Reservations--Betty Robertson, Parliamentarian- Pam Ament

## **MAY 2025 NEWSLETTER**

**PRESIDENT**  
**Carolyn Pohlner**



Hello Ladies!

I have been pretty busy these past several weeks delivering donations - Lollipops to the USO, Lipsticks to the residents at Rainbow Services and food to The Volunteer Center- all from TWC members! Thank You! It's been a wonderful way to celebrate National Volunteer Appreciation Week!

I've also been busy shopping for \$5 Gift Cards all over town for our upcoming Fashion Show's "Gift Card Grab Bag". For only \$5, your purchase guarantees you a \$5 Gift Card to many of your favorite stores and eateries. And if you're really lucky, that Gift Card could be worth \$10, \$15 or \$25! Because of members' generous donations, the Club has been able to acquire the cards for free! There will be envelopes on each table at the May 7th General Meeting for members who did not have the chance last month to donate – here's another opportunity to give cash and/or cards for this fun Fashion Show fundraiser! Please read Pam Ament's article for more details about our fun "Beach Blanket Bingo" Fashion Show just around the corner on June 14th!

On behalf of the Scholarship Committee - Pam Barrett, Ellen Jenkins, Lois Koza and myself – I am so pleased to announce that TWC is awarding 7 - \$1,000 Scholarships for 2025! You are going to meet some pretty terrific students - their achievements and goals are outstanding. We have a wonderful ceremony dedicated to them for our May 7th Program - please be sure to make your reservations now to attend - you really won't want to miss this!

And my closing wishes for you all. . .

We may not all be Mothers in the Torrance Woman's Club, but we all had mothers!

To all the women in TWC who Mothers, Grandmothers and Great Grandmothers –

I wish you All the Best!

And to those whose mothers have passed, may you remember only the happiest of memories!

And lastly, to those who are fortunate to have their own mothers still with them, bless you and them!

Happy Mother's Day to us all!

Carolyn





## MARINA DISTRICT CALENDAR

May 30 9:00 am. District Meeting @TWC  
So Bay Jr. co host

TWC and South Bay Juniors will be providing breakfast for the meeting. TWC will have a sign-up sheet at the May meeting for food and help with set up.



## MAY CALENDAR

|        |                                   |
|--------|-----------------------------------|
| May 04 | Reservations due for May Meeting  |
| May 06 | 10 am Meeting Set Up              |
| May 07 | General meeting                   |
|        | 10 am Social Hour                 |
|        | 11 am Business Meeting            |
|        | 12 pm Lunch & Program             |
| May 14 | 10 am Craft Day                   |
| May 14 | 1 pm Game Day                     |
| May 21 | 11 am Helping Hands               |
| May 28 | 10 am Board Meeting               |
| May 30 | Reservations due for June Meeting |

### THINGS TO BRING ON MAY 7TH

1. **Items for the Volunteer Center Food Bank**
2. **Dues**

## **FIRST VICE PRESIDENT/ Dean of Chairmen OPEN**



We're looking for someone to fill this position!



## ARMED FORCES WEEKEND

Friday, May 16, 2025

Concert: 7:30 P.M.

Military Exhibits: 10 A.M. - 8 P.M.

Saturday, May 17, 2025

Armed Forces Day 5k: 8 A.M.

Parade: 1:30 - 3:30 P.M.

Military Exhibits: 3 P.M. - 8 P.M.

Sunday, May 18, 2025

Military Exhibits: 9 A.M. - 3 P.M.

## **MORE NEWS AND REMINDERS FROM YOUR PRESIDENT...**

“City of Torrance Older American Award”

“The City of Torrance Commission on Aging invites nominations for the Annual Older American Award from the second week of January through the third week of March each year. This prestigious award recognizes and honors outstanding senior volunteers who have made a significant impact in our community. Torrance is fortunate to have so many dedicated seniors who give their time and talents in service to others. Over the past 40 years, we have proudly honored 100 exceptional individuals for their commitment and contributions.

Since 2010, The Torrance Woman's Club has been honored and proud to



have had 12 of their Members distinguished by this recognition:

Janet Payne (2010), Fran Day (2013), Ges Davis and Bette Herbst (2015), Lynn Robinson (2016), Anita Dinicola (2017), Carolyn Snyder (2018), Sharon Saffer (2019), Madonna Davenport (2020), Kathleen Davis (2021), Carolyn Pohner (2024) and our most recent awardee, Ellen Jenkins (2025).

Ellen may be relatively 'new' to our Club, but she's been volunteering for a long time! She started out in PTA over 40 years ago and has left her mark at several different charitable agencies and organizations over the years - The Volunteer Center and Torrance-Lomita Meals on Wheels being her favorite and longest-standing commitments. Ellen is the first to admit she doesn't really like the attention that comes with such accolades - she prefers to do her good deeds behind the scenes and without any fanfare - but I know you will all want to join me in congratulating her on this much deserved recognition!

## **SECOND VICE PRESIDENT – MEMBERSHIP**

**Carol Woods**



At the April meeting, we gave out membership awards to 9 ladies who have spent 185 years with The Torrance Woman's Club. They are: Lou Ann Flaherty, Emily Atkins, GG Mansfield, Alycia McCord, Pam Barrett-Hill, Lynn Robinson, Pam Ament, Fran Day, Connie Vassie. They are a wonderful example of the spirit of giving of our time, talents, and treasures.

This year we have had 9 new members join the club: Teresa Henderson, Jean Hardy, Elaine Hayashi, Theresa Abbey. Carolyn Allen, Daphne McMillan, Carol Nelson, Sue Wiley, and Domina Hutchens. They would feel more welcome if you would invite them to join your table for lunch, and engage them in your activities and conversations... just be a friend. In the next few months our emphasis will be on membership retention which can be accomplished through recognition, respect and reward. Do you have a friend or acquaintance that would be interested in joining TWC? Linda and I would be

happy to get in touch with them and answer any of their questions. So, add ships [members] to our fleet, increase our membership, and "sail-ebrate" with us. WELCOME ABOARD!!

REMEMBER.....

The work of a volunteer makes each day dawn a little brighter. Thanks for all you do to make our world a better place.



## **THIRD VICE PRESIDENT/ HOUSE CHAIRMAN Lynn Robinson**

The House Committee met on April 23rd. The front railings have been sanded and painted. We have requested an estimate from the same painter for the front of the clubhouse. Quality Assured Woodworking came out and looked at the floor in the main room. The good news is it can be sanded one more time. The bad news is their bid is a little over \$11,000.00 for sanding, repair and polyurethane coating, so we will have to wait awhile. We're still trying to get answers from the City regarding the sign ordinance and estimates for the Westside Door replacement. Lynn still needs to meet with Fred's Carpet and hopes to do it this month. Our donated corner cabinets were delivered on May 1<sup>st</sup> by some volunteers and we will continue to spruce up the lobby.



The 100th Anniversary of the clubhouse is in October. If you would like to be on the committee to plan the celebration please contact Lynn.

The next committee meeting is set for Tuesday, May 20<sup>th</sup> at 10:00 am.



**Ladies, I am thrilled to announce that  
The Torrance Woman's Club is the  
Platinum Winner in Torrance  
Community Votes. Yeah!  
Luv, Pam**

## RESERVATIONS

**Betty Robertson**

**Hello Everyone. The year is slowly, or quickly, slipping away from us. This is a reminder that you need to call in your lunch reservation to me no later than Sunday, May 4. This gives Richard the time he needs to plan for our meals. My number is 310-367-1188 or betsew@aol.com. I look forward to seeing all of you in May and thank you so much for your considerate phone call, text message or email.**



### MAY

- |    |               |
|----|---------------|
| 1  | Juanita Davis |
| 4  | Irma Chiota   |
| 10 | Bette Herbst  |
| 14 | Joy Marcon    |
| 16 | Teresa Furey  |
| 17 | Carol Delome  |








**HAPPY BIRTHDAY TO YOU!!**









## HOSPITALITY




**Lois Koza** 



Happy May, Ladies



This month of May, not only are flowers  ☐ ☐ blooming, but on Wednesday, the 7th, our meeting will be a very special one - TWC college scholarship funds - will be given out to our soon to be graduates!      .

We will be setting up on Tuesday, May 6th at 10:00AM and the task is to get our clubhouse looking "extra" special and spectacular    for these terrific students!     

"Come on over" and add your own special touches if you have some time - all you dear ladies are most welcome!   

Thank you and see you soon!  

. All contributions are very much appreciated! Ladies, just a reminder that wine prices have increased to \$2.00/glass for our monthly General Meetings. We would like to ask Members to consider donating bottles of their favorite wines, Prosecco, and other libations to supplement the TWC Wine "Cellar"! Screw top bottles are preferred

Thank You!

TWC Board



## PROGRAM DIRECTOR

**Pam Barrett**

HELLO LADIES---

As you know, May is a very "special" month because we celebrate and honor "SEVEN" graduating seniors from the 5 Torrance High Schools plus one student from El Camino College and one from the DCFS system.

Our President, Carolyn has taken charge of the celebration. The students will be treated like royalty! With personal written certificates and leis in their school colors, they will feel so special!! Thank You Carolyn, for your efforts, to make the students feel deserving!

For June, since it is our last program before we break for summer, I wanted to present something special! You will have to wait to see what the



surprise is? Sorry but you will enjoy the surprise!--  
Pam

## **WAYS AND MEANS**

### **Pam Ament**



The TWC Ways and Means Committee is excitedly buzzing as we are gearing up for our biggest fundraiser on June 14, 2005! Join us for our Beach Blanket Bingo Fashion Show with Fashions by Andi B, hosted in our beautiful clubhouse, for an event that promises to get you in the mood for Cruising the High Seas!

Guests can expect a fantastic day filled with fun, fashion, and fantastic company. Grab your friends and join the Beach Party as we come together for excitement and TWC support!

Tickets are now available for just \$60.00 each, or you can snag a whole table and sit with your friends! Can't make it? No worries! We're more than happy to accept donations to help us reach our goals. We can't wait to see you there and appreciate your enthusiastic support! Let's make this an unforgettable event together!

Get Ready and mark your calendars for 1 p.m. on June 14th, an unforgettable afternoon as we kick off our Summertime fundraiser in accessorized style, filled with a light lunch, laughter, and lots of fun as we come together to support our wonderful philanthropies. And, yes, there will be a Beach Blanket Bingo Trivia Game focusing on the 1960s.

Don't miss out—fliers are available, so grab yours and spread the word! Let's collect a fantastic array of prizes, invite our friends, and celebrate the start of summer in style!

Luv from your TWC Ways and Means Committee,

Pam Ament

Janice Petrosino

Lois Koza

Linda Pollick

GG Mansfield

Betty Robertson

## **TWC MONTHLY "CRAFTS DAY"**

### **AND "GAME DAY"**

Ladies, our next gathering is Wed, May 14th from 10-12pm in the Clubhouse.

I will be out of town at the CFWC Convention, so I need a volunteer to bring baked goods for Craft Day. We also need someone to be in charge of Game Day or it will be canceled.

Carolyn Pohlner



## **TECHNOLOGY CHAIR IN THE CORNER**

**Mary Alessandra-Cook**

As we continue our journey of learning about AI and all the ways it can support, help us, and enable higher levels of productivity, it is also to be prudent to remind ourselves that there are "Questions You Should Never Ask an AI."

While AI systems, like ChatGPT, are incredibly useful for a variety of tasks, there are certain questions or prompts that should be avoided. These requests can lead to incorrect, inappropriate, or even dangerous responses. Here is a quick guide to the types of prompts you should avoid:

**Personal, Private, or Sensitive Information**

Example: "What is my friend's phone number, and can you dial it?" or "What is my bank account"? (any personal identifiable information like credit card numbers, social security numbers, passwords, etc.)

Asking for personal data, like contact details or financial information, violates privacy and can put you at risk. AI systems should never be used to access or share private details. This also goes for confidential information or secrets. No information like that should be shared with an AI chat bot.

**Illegal or Harmful Activities**

Example: "How can I hack a website?"

Requests promoting illegal or harmful actions, like hacking or violence, are unethical and illegal. AI models are trained to avoid engaging in such topics, but it is crucial not to ask them.

#### Medical or Legal Advice

Example: "What should I do if I get sick?" or "What's the best legal strategy for my case?"

AI can provide general information, but it should never be relied upon for critical medical or legal advice. Always consult a licensed professional for these matters. Also avoid any emotional support questions as the AI is not programmed to understand emotions.

#### Offensive or Inappropriate Content

Example: "Tell me a racist joke" or "Create an offensive meme."

Requests for harmful or offensive content, including hate speech or inappropriate humor, go against ethical AI use and can lead to harmful outcomes.

#### Speculative, Hypothetical, or Philosophical Questions That Are Not Grounded in Reality

Example: "What would happen if I time-traveled?"

Asking for answers to speculative questions that are beyond the AI's programming, or the laws of physics, often results in inaccurate or overly imaginative responses.

Like anything else that is put on the internet, there is no guarantee that it will remain private. We all have a responsibility to ourselves and each other to understand how to protect and keep our data safe. By avoiding these types of questions, you can ensure that your interactions with AI remain responsible and productive. Always use AI for positive, constructive purposes!



## CIVIC ENGAGEMENT AND OUTREACH – Mary Hileman

### City of Torrance Annual Older American Awards:

Congratulations to TWC Member Ellen Jenkins who was nominated by the Commission on Aging for the 2025 Older American Award. Ellen will be honored at the May 6th meeting of the City Council and will be presented with the Certificate.

The meeting begins at 6:30 pm in the City Hall Council Chambers at 3031 Torrance Blvd.

Ellen was also selected by the Commission to represent the City of Torrance at the Los Angeles County Older American Awards.

Senior Arts & Craft Faire: The Annual Senior Arts & Crafts Faire is scheduled for Saturday, May 3 from 9:30 am to 2:30 pm at the Ken Miller Recreation Center, 3341 Torrance Blvd.

Relay For Life of Torrance: Join the community as we continue the fight against cancer. This street faire/stroll will bring awareness, education and advocacy while enjoying a day of fun, food, and entertainment. Free admission!

Date & Time: May 4th 12:00 pm – 8:30 pm

Location: Downtown Torrance  
– Sartori & El Prado



### ARMED FORCES DAY

Concert: Free Military Concert Friday, May 16th 7:30 pm at the Armstrong Theatre.

[www.TorranceCA.Gov/AFD](http://www.TorranceCA.Gov/AFD)

Parade: Saturday, May 17th at 1:30 pm. Torrance Blvd. between Crenshaw Blvd. and Madrona Ave.

Names on the Wall reading at Veterans Wall by City Hall: Monday, May 26th 2:00 pm

## COMMISSION ON AGING

Commission on Aging meetings are held on the first Tuesday of each month in the Commission Meeting room in the West Annex building (3031 Torrance Blvd.), located next door to the City Hall.

The next meeting is May 6th, 2025 at 9:30 am.

The speaker at the meeting will Heartford Hospice, a presentation by Suzie Castillo on the differences between hospice and palliative care and hospice myths.

### **HEALTH and WELLNESS** **MARY HILEMAN**



**STROKE:** Strokes have a very specific set of symptoms. These symptoms can be remembered by the acronym “FAST”. This stands for:

Face Drooping: One side of your face may be numb, and it can be detected by trying to smile.

Arm Weakness: An arm may be numb or sore. Try lifting both arms to see if you can control both.

Slurred Speech: A stroke may show itself in your speech. Try to say a simple sentence like “I ran outside” without slurring any speech.

Time to call for help: If you or someone else is experiencing any of these symptoms, it is time to call 9-1-1.

### **HELPING HANDS** **Bette Herbst**



Helping Hands will continue the Bear Program for the hospitals and fleece blankets for the painted turtle camps along with blankets for rainbow services. Meeting the third Wednesday of every month from 10 AM until 1 PM.



### **ADVOCATES FOR CHILDREN PROJECT:** **GINA RADOCCIO, CHAIRMAN**

Thank you for your continued support of foster children. It is heartbreaking what these children go through and your generosity brings some joy and relief into their lives. Their needs are varied and basic. Schools have a list of items that the children must have when school starts. Unfortunately, these children have no way to purchase these items and need our help

The school year begins in mid-August so in order to have everything organized I will be ordering the items from Amazon and having them delivered to the DCFS Office. I am requesting monetary donations to cover the cost. Please make your check addressed to The Torrance Woman's Club. Thank you for your kindness for these children.

### **OUR HISTORY 1925**



**2003**





**Torrance Woman's Club**  
*Presents*

**\*Beach Blanket Bingo\***

**Fashion Show**

**Saturday, June 14, 2025**

**1:00pm**

**Torrance Woman's Clubhouse  
1422 Engracia Avenue, Torrance**

**Opportunity Drawing for \$100 Beach Hat**

**Fashions and Jewelry by Andi B**

**Silent Auction, Raffle and Gift Card Grab Bag**

**Canapes, Quiches, Savory Finger Foods and Desserts**

**Donation \$60**

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Make check payable to "The Torrance Woman's Club"  
Sharon Broadbent- 1903 W.261st Street, Lomita CA 90717

**Name:** \_\_\_\_\_

**Phone or email:** \_\_\_\_\_

If you are paying for more than one ticket, please provide guests' name.  
Priority seating for complete tables of 8 received by May 15<sup>th</sup>.