



The Torrance Woman's Club Voice

Member

General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District

Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000 Torrancewomensclub1921@gmail.com

TWC Officers: President-- Carolyn Pohlner , 1st VP/Dean-open, 2nd VP-Carol Woods, 3rd VP-Lynn Robinson, Recording Secretary-Ellen Jenkins, Corresponding Secretary- Carol Delome, Treasurer- Sharon Broadbent, Auditor- Lois Koza, Ways and Means-Pam Ament, Program--Pam Barrett, Press-Pam Ament and Carol Delome, Yearbook- Lynn Robinson, Newsletter- Lynn Robinson, Reservations--Betty Robertson, Parliamentarian- Pam Ament

DECEMBER 2025 NEWSLETTER

PRESIDENT

Carolyn Pohlner

SEASONS GREETINGS,
Ladies!



At last month's November General Meeting, Linda Lescoe gave a beautiful inspirational address at the podium all about Fall. One of the things she said was very timely:

"Fall is not about an ending. . . but a necessary and beautiful transition".

How true! I am about to embark on a trip of a lifetime which necessitates my resigning from the position of President earlier than expected. I feel very torn about that decision, because I have thoroughly enjoyed my time as TWC President, and would have relished serving through the full two year term. But, I know I am leaving the Club in the very capable, competent hands of Acting President, Pam Ament and the current dedicated, hardworking administrative Board of Officers - "it truly is a necessity and beautiful transition". I invite you all to welcome it and embrace it with your continued support, as you did me. Thank You and may you have a very Merry Christmas and the happiest and healthiest New Year! I will see you in June 2026!



CAN YOU KEEP A SECRET?

The Board opted to give Richard a monetary gift this year, in lieu of a Wine & Cheese Gift Basket, so we are asking members for gift cards in any denomination, cash or checks. If you wish to contribute, bring your donation to Sharon at the December meeting.

DECEMBER CALENDAR

Nov. 26		Reservations due for Dec. Meeting
Dec. 02	10 am	Meeting Set Up
Dec. 03		General meeting
	10 am	Social Hour
	11 am	Business Meeting
	12 pm	Lunch & Program
Dec. 10	10 am	House Committee
Dec. 17	10 am	NO Helping Hands
Dec. 31	10 am	Board Meeting
Dec. 31		Reservations due for Jan. Meeting

THINGS TO BRING ON DEC. 3rd

Items for the Volunteer Center Food Bank

Donation for Richard's gift

Gift for secret Santa gift exchange



MARINA DISTRICT CALENDAR

Jan. 16 9:00 District Meeting – Woman's Club of Playa del Rey – Reports due.

FALL INSPIRATION

by Linda Lescoe presented at Nov 5th General Meeting

Good morning wonderful ladies of the Torrance Woman's Club.

It is an absolute joy to be here today, surrounded by such strength, grace and spirit.

As we look outside, we see the world around us shifting into its coziest, most colorful embrace.

The air is crisp, the sweaters are out, and the trees are performing their magnificent final dance before winter.

Fall is truly nature's way of showing us the beauty in letting things go.

I want to talk today about what this season can teach us about our own lives.

Fall is not about an ending: it's about a necessary and beautiful transition.

Look at the leaves.

F. Scott Fitzgerald once wrote, "Life starts all over again when it gets crisp in the fall."

This season is an invitation for new beginnings.

We have the power to define our own standards and solutions.

Just as the farmer plants seeds in the spring to reap a harvest in the autumn.

The most important part of this journey is that we are not doing it alone.

This club is a community of healing, growth, and empowerment.

We are here to lift each other up. Be kind to one another.

So this fall, I encourage each of you to embrace the season's magic.

Let's make this season one of genuine inspiration and powerful connections.

Happy Thanksgiving to you and your families.

FIRST VICE PRESIDENT/

Dean of Chairmen

OPEN



We're looking for someone to fill this position!

SECOND VICE PRESIDENT – MEMBERSHIP

Carol Woods



We are taking orders for TWC magnetic name tags. Name tags may be ordered for \$15. Call or e-mail Linda Pollick.

THIRD VICE PRESIDENT/ HOUSE CHAIRMAN

Lynn Robinson

The House Committee is now meeting on the 2nd Wednesday of the month and met on November 12th.

The committee met with Adam Montoya of Fastsigns. He will be sending us a proposal.

Thank you to all the elves who decorated the Christman tree.

The next committee meeting will be December 10th at 10 am.

RESERVATIONS

Betty Robertson



Dear TWC ladies. The deadline for your lunch reservations is November 27th.

I'd sure love to hear that you will be attending.

Thank you.

Betty Robertson, 310-367-1188,, betsew@aol.com.

Ladies, just a reminder that wine prices have increased to \$2.00/glass for our monthly General Meetings. We would like to ask Members to consider donating bottles of their favorite wines, Prosecco, and other libations to supplement the TWC Wine "Cellar"! Screw top bottles are preferred. All contributions are very much appreciated!

Thank You!
TWC Board



HOSPITALITY

Lois Koza 🌸

Happy Holidays Dear
TWC Women



Ladies 🧑‍🎄🧑‍🎄🧑‍🎄 we did

get an early start by

decorating our lovely

Christmas tree 🌲🌲 and now on Tuesday,

December 2nd at 10:00 our lovely "elves" 🧝🧝🧝

can come and decorate the tables so that our room
will be complete, festive and amazing! 🎁🎁🎁



See you soon 😊

Lois



DECEMBER

- | | |
|----|-----------------|
| 8 | Gina Radocchio |
| 11 | Joan Rosenkranz |
| 30 | Claudeene Lyon |

HAPPY BIRTHDAY TO YOU!!



PROGRAM DIRECTOR

Pam Barrett

HI LADIES--Since I will be gone when I'm supposed to turn in my article, I am sending it early--surprise!

HI T.W.C. LADIES; WOW, What happened to the last months of 2025--Sept. (Hawaiian Dancers), October (Emergency Preparedness lecture), November (Bingo) and now December (with Christmas music and a gift exchange). This is quite a variety of programs. We sure hope you stay after lunch to share in the Holiday "FUN".

To start the New Year off right, we will have Josh Gezahegn (CEO) and Jon Phelps, both from the Volunteer Center in Torrance, speak to us about their two projects; Food for Kids, which we participate in, with the food we bring each month. And the Teddy Bear Packs, given to the students at school. Also, Andrea Sala, (CEO) from El Camino College will speak to us about the Warrior's Pantry for the El Camino Students. Both organizations are helping to feed --children, students and families! The talks will be interesting --please stay to listen--thank you! Pam

TECHNOLOGY CHAIR IN THE CORNER

Mary Alessandra-Cook



Learning Topic: What is a VPN - and Do I Need One?

Ladies, let us demystify a tech term that is popping up increasingly: VPN, short for Virtual Private Network. Think of it as a secure tunnel for your internet activity, especially helpful when you are on public Wi-Fi at the airport, a hotel, or your favorite cafe.

But let us clear up a few myths:

• Myth: "I'm invisible online."

Not quite. A VPN hides your location and scrambles your data, but websites can still recognize you through cookies and logins. It is one piece of the privacy puzzle - pair it with strong passwords and safe browsing habits.

• Myth: "A VPN protects me from viruses."

A VPN keeps your connection private, but it will not stop you from clicking a bad link. You still need antivirus software and a healthy dose of caution.

• Myth: "Free VPNs are just as good."

Be wary. Many free VPNs make money by selling your data. A reputable, paid VPN is a better bet for true privacy.

So, what does a VPN do?

- Encrypts your internet activity so hackers and even your internet provider cannot snoop
- Hides your location, helping you avoid price hikes based on your zip code
- Lets you stream your favorite shows while traveling
- Adds a layer of protection on public Wi-Fi

It is a smart tool for modern life, especially if you shop, bank, or email online.

As we wrap up another wonderful year together, I want to thank each of you for your curiosity, enthusiasm, and willingness to explore new tools and tech topics with me. Whether we were learning about online safety, exploring current topics like AI, or just navigating our devices with a little more confidence, your engagement made it all worthwhile.

Looking ahead to 2026, I would love to hear from you! What technology topics would you like us to cover next year? From practical how-to's to fun digital projects, your ideas will help shape

our learning sessions. Wishing you a joyful holiday season and a bright, connected New Year!

CIVIC ENGAGEMENT AND OUTREACH – Mary Hileman

***I WISH YOU ALL A VERY MERRY
CHRISTMAS AND A HAPPY, HEALTHY
AND PROSPERUS NEW YEAR!***

Torrance Memorial 42nd Annual Holiday

Festival: – It is time again to enjoy the Torrance Memorial Holiday Festival, with beautifully decorated holiday trees and boutique.

**In Honor of the Centennial Celebration,
Admission to the Holiday Festival is Free every
day.**

Tuesday, Dec. 2 nd	1:30 pm – 3:30 pm
Wednesday, Dec. 3 rd	10:00 am – 3:30 pm
Thursday, Dec. 4 th	10:00 am – 8:00 pm
*Sat. Dec. 6 th	10:00 am- 8:00 pm *
Sunday, Dec. 7 th	10:00 am – 4:00 pm

***Free Health Screenings Sat. & Sun., 10 am – 2 pm**

Torrance Theater Company Presents:

"A Nice Family Christmas", a comedy.

Dec. 6-21st, 2025

1316 Cabrillo Ave. Phone orders: 424 243-6882

**ARMSTRONG THEATER: Celebrates the
Holidays**

Irish Christmas In America: Dec. 5th, 8 pm

The Nutcracker Ballet: Dec. 13th, 7:30 pm and
Dec. 14th at 2:00 pm

**Los Cancioneros Master Chorale Winter
Concert: Let It Snow!** Dec. 21st at 5:00 pm

Tickets on-line at torrancetheatrecompany.com or
by calling the theater box office at 310 781-7171



COMMISSION ON AGING

Commission on Aging meetings are held on the first Tuesday of each month in the Commission Meeting room in the West Annex building (3031 Torrance Blvd.), located next door to the City Hall.

The next meeting is December 2nd, at 9:30 am.

Featured at the meeting will be a presentation by Bea Virobik, Focal Point on Aging Office Manager.

HEALTH and WELLNESS

MARY HILEMAN



OSTEOPOROSIS is a silent disease that affects the integrity of our bone's internal structure. The term osteoporosis means "porous bone." When viewed under a microscope, healthy bone looks like a tightly formed honeycomb. When osteoporosis occurs, these holes and spaces have become much more extensive, indicating a loss of density that makes them both more fragile and susceptible to injury or fracture.

Bone loss is part of the aging process, but osteoporosis and bone fractures are not inevitable. Although there is no cure for osteoporosis, early identification, lifestyle choices and treatments can reduce risk and severity.

Age is the number one risk factor. Regular exercise is important. Exercises such as walking, jogging and tennis encourage the body to form more bone. Weight bearing exercise improves muscle strength and flexibility and reduces the likelihood of falling.

A diet including lean protein, whole grains, fiber, fruits and vegetables supports bone health. Optimum amounts of calcium and Vitamin D are important. Also important is quitting smoking, limiting alcohol and staying at a healthy weight.

HELPING HANDS

Bette Herbst



Helping Hands will not be meeting in December. Happy Holidays and see you in January.

WAYS AND MEANS

Pam Ament



Speaking on behalf of the TWC Ways and Means Committee for this Administration, I am always grateful to those who have shown their generosity to the Club's Fundraising efforts through their time, donations, items, and purchases of the items mentioned. Thank you for your help and generosity, without which we cannot do for the community around us and the world what we do so well: lifting others.

I want to personally thank each of you for making 2025 a banner year for Fundraising! Together we have done a marvelous job and made it possible to support our many Scholarships and Philanthropic endeavors. I feel blessed to be part of such a great group and look forward to 2026 with much enthusiasm. Thank you and happy Holidays from you Ways and Means Committee.

Pam Ament
Lois Koza
GG Mansfield

Janice Petrosino
Linda Pollack
Betty Robertson

See's Candy Fundraiser



See's Candy Fundraiser - earned \$427.90 profit!! A record number of lollipops were donated to the USO at LAX this holiday season – 18 boxes – that's 540 suckers! Lynn Robinson and I delivered them all to Mr. Victor Briscoe, USO Director at LAX, when we heard him speak at the Marina District Council meeting, Nov 21st at the El

Segundo Clubhouse. At that time, we also donated chips, candy, cookies, protein bars and other assorted snacks and beverages collected from various TWC members. In addition, TWC allocated \$200 from our Philanthropy funds for an Amazon Gift Card, to be spent exclusively on needed items at the USO at LAX. Member Pat Green graciously contributed another \$100 towards the card and we proudly presented a \$300 Amazon Gift Card to Mr. Briscoe at the meeting.

Ways to Give: Supporting The Torrance Woman's Club **Mary Alessandra-Cook**

Your generosity helps us continue our mission of service, friendship, and community enrichment. Whether you are giving today or planning for tomorrow, here are five impactful ways to contribute:

🌸 Monthly or One Time Special Giving

Click the **Donate Now** button on our website to give and make a difference. Whether it's a one-time gift or a recurring monthly contribution, your generosity provides vital, ongoing steady support for our programs. These donations are among the most powerful ways to uplift our club and the community we serve.

🌸 Qualified Charitable Distributions (QCDs)

If you're age 70½ or older, you can make a tax-free gift directly from your IRA - up to \$100,000 annually. A QCD counts toward your required minimum distribution and supports our work without increasing your taxable income.

🌸 Donor-Advised Fund (DAF) Grants

Make a grant to Torrance Woman's Club from your donor-advised fund, administered by your financial advisor or institution. It's a flexible, strategic way, with the most favorable tax benefits, to support causes you care about.

🌸 Gifts of Appreciated Securities

Donating stocks, bonds, or mutual funds that have increased in value may offer tax advantages while making a meaningful impact. Your financial advisor can help you initiate the transfer.

🌸 Legacy Giving

By including Torrance Woman's Club in your estate plans - through a will, trust, or by naming us

as a beneficiary of a retirement account or life insurance policy - your legacy will help sustain our mission for generations to come.

For more information, please contact our Treasurer or visit our website. Every gift matters, and every giver becomes part of our story.

Fisher House Project: Honoring Veterans Through Giving **Mary Alessandra-Cook**

In the spirit of civic engagement and heartfelt philanthropy, our club came together this November to support the Fisher House at the VA Hospital in Long Beach, CA - a facility that provides free lodging for families of hospitalized veterans. Thanks to the generosity of our members, we collected over 100 essential cleaning supplies and other items and raised \$650 in donations to aid their mission.

On Tuesday, November 18th, Carolyn Pohlner, Lois Koza, Mary Hileman, and Mary Alessandra-Cook delivered the contributions and a check. We were graciously given a tour of the facility. The team was deeply impressed by the welcoming, well-appointed rooms designed to comfort families during challenging times. One especially moving detail: each room contains a journal where family members share their stories and leave messages of hope for those who follow.

This hands-on project was a meaningful way to honor veterans during the month of remembrance. We are proud of the impact we made and inspired to continue supporting Fisher House in the future.







TORRANCE POLICE OFFICERS ASSOCIATION SANTA FLOAT SCHEDULE

DAY	DATE	TIME	MAP #	AREA
SUNDAY	NOV. 30	4:00 PM	9	PCH to Winlock/Rolling Hills Way to Hawthorne and West of DePortola Park
MONDAY	DEC. 1	5:00 PM	2	Carson to Sepulveda/Crenshaw to Western (Chatalaine)
TUESDAY	DEC. 2	5:00 PM	3	Del Amo to Carson/Crenshaw to Western
WEDNESDAY	DEC. 3	5:00 PM	4	Sepulveda to 239th St./Crenshaw to Arlington
THURSDAY	DEC. 4	5:00 PM	5	Sepulveda to 242nd St./Arlington to Western
FRIDAY	DEC. 5	5:00 PM	6	Sepulveda to Lomita/Hawthorne to Crenshaw (Springwood)
SATURDAY	DEC. 6	5:00 PM	7	PCH to South City Limits/Crenshaw Blvd. to East City limits
				Windmill to South City limits/Ro9lling Hills Rd. to Singingwood
SUNDAY	DEC. 7	4:00 PM	1	Carson to Maricopa/Madroda to Crenshaw
MONDAY	DEC. 8	4:00 PM	8	Sepulveda to PCH/West of Anza/Calle Mayor
TUESDAY	DEC. 9	5:00 PM	10	Calle Mayor to South City limits/Southwest to Anza/Calle Mayor
WEDNESDAY	DEC. 10	5:00 PM	11	PCH to city limits/Wet of Calle Mayor
THURSDAY	DEC. 11	5:00 PM	12	Torrance Blvd. to PCH/Hawthorne Blvd. to Anza/Calle Mayor
FRIDAY	DEC. 12	5:00 PM	13	PCH to South City limits/Hawthorne to /Via Colusa and Calle DeRicardo
SATURDAY	DEC. 13	5:00 PM	14	Torrance Blvd. to Sepulveda/West of Anza
SUNDAY	DEC. 14	5:00 PM	15	Torrance to 190th St./Anza to Madrona
MONDAY	DEC. 15	5:00 PM	16	Del Amo to Torrance/West of Anza (Pacific Colony)
TUESDAY	DEC. 16	5:00 PM	17	19th St. to Del Amo Blvd/West of Anza Avenue
WEDNESDAY	DEC. 17	5:00 PM	18	Artesia to 190th St./West of Prairie Avenue
THURSDAY	DEC. 18	5:00 PM	19	Artesia Blvd to 405 Fwy/Prairie to Crenshaw
FRIDAY	DEC. 19	5:00 PM	20	Redondo Beach Blvd to Artesia West of Crenshaw to Hawthorne Blvd.
SATURDAY	DEC. 20	5:00 PM	21	Redondo Beach Blvd to Artesia/Crenshaw to Western Ave
SUNDAY	DEC. 21	4:00 PM	22	Artesia to 405 Fwy/405 Fwy to Western Ave

NOTE: SANTA FLOAT MUST LEAVE AT 4:00 ON THESE NIGHTS DUE TO THE LONGER ROUTES