



# The Torrance Woman's Club Voice

Member

General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District

Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000 Torrancewomensclub1921@gmail.com

TWC Officers: President—Pam Ament , 1st VP/Dean-open, 2nd VP-Carol Woods, 3rd VP-Lynn Robinson, Recording Secretary-Ellen Jenkins, Corresponding Secretary- Carol Delome, Treasurer- Sharon Broadbent, Auditor- Lois Koza, Ways and Means-Pam Ament, Program--Pam Barrett-Hill, Press-Pam Ament and Carol Delome, Yearbook- Lynn Robinson, Newsletter- Lynn Robinson, Reservations--Betty Robertson, Parliamentarian-Janice Petrocino

## MARCH 2026 NEWSLETTER

### **PRESIDENT**

#### **Pam Ament**

Can you believe it is March already? To me it seems like we just celebrated the New Year and here we are, getting ready to move our clocks ahead on the 8th because Spring is coming! My hope is that Spring brings less rain and some warm weather with her...it has been cold and windy.

At this month's meeting we will be moving things around a bit, so be sure to be on time as we keep things fresh and have fun while doing our Federation Business and making friends. Do you sit at the same table every month? I know I do, I love it, but because I am changing a bit this month, I shall pick a new table to eat at and enjoy the company of members I rarely get to visit with. If you are inclined to do the same, please do so, let's bring change to the whole time we spend together and enjoy the benefit of beautiful change!

A quick update on Pat Green, she has had some surgery that has brought some change and health her way. Pat recently had a both a Pacemaker and Watchman device implanted into her heart, and they are both making a difference in her quality of life. I know I speak for the club membership when I say: congrats Pat, please continue the road to health and get back to us when you can!

I am looking for a volunteer to head up the See's Candy Sale for easter and Passover. I have never done it before and I hope there is someone out there that will take the job on, please call me or email me if you are interested. This is a big way we can eat chocolate, nuts, and chews while making money for the club coffers.

As February ends and Spring is drawing nearer and nearer, I wish each of you a fabulous week and hope to see you soon. Be well, be happy, be kind, and don't forget the very best part of any outfit we wear is a smile!

Luv, Pam

### **THINGS TO BRING ON Mar. 4th**

Items for the Volunteer Center Food Bank  
(Cereal, pasta, rice and canned fruit are especially welcomed)

**Wear something green.**



## MARCH CALENDAR

<b>Feb. 26</b>	<b>Reservations due for Mar. Meeting</b>	
Mar. 03	10 am	Meeting Set Up
Mar. 04	General meeting	
	10 am	Social Hour
	11 am	Business Meeting
	12 pm	Lunch & Program
Mar. 11	10 am	House Committee
Mar. 18	10 am	Helping Hands
Mar. 25	10 am	Board Meeting
<b>Mar. 26</b>	<b>Reservations due for Apr. Meeting</b>	



## MARINA DISTRICT CALENDAR

Mar 20	10:00 am District Meeting at Santa Monica – District Birthday
<b>Apr. 18</b>	<b>9:30 am District Convention</b>

## **FIRST VICE PRESIDENT/**

**Dean of Chairmen**

**OPEN**

**We're looking for someone to fill this position!**



## **SECOND VICE PRESIDENT – MEMBERSHIP**

**Carol Woods**



**Membership renewals are due!** We can accept cash or check made out to The Torrance Woman's Club, credit card or on the donate now button on our website. If you use the website, please indicate what you are paying for in the memo box. Either bring it with you to the March meeting and give it to the membership committee or mail it to the treasurer, Sharon Broadbent.

## **TREASURER**

**Sharon Broadbent**



**New for 2026 - We can now process payments by credit card. Credit card processing fees are included in the prices below.**

**Monthly luncheon fee - \$20.00 + \$1 = \$21.00**

**2026 Dues - \$60.00 + \$2.00 = \$62.00**

**See Sharon if you wish to pay by credit card.**

## **THIRD VICE PRESIDENT/ HOUSE CHAIRMAN**

**Lynn Robinson**

The House Committee met on February 11<sup>th</sup>. We're still working on the sign. We are looking into a property boundry servey and a City program that gives funding for exterior property repairs. The next meeting will be March 11<sup>th</sup>.





**FEBRUARY**

- 1 Carol Nelson
- 5 Sharon Broadbent
- 9 Sacha Duncan
- 10 Hanna Knight
- 11 Lois Koza
- 13 Pam Sheerin
- 16 Jeanne Gilbreth
- 17 Patti Fuchs
- 20 Yoko Mendelson
- 26 Theresa Abbey

**HAPPY BIRTHDAY TO YOU!!**

Ladies, just a reminder that wine prices have increased to \$2.00/glass for our monthly General Meetings. We would like to ask Members to consider donating bottles of their favorite wines, Prosecco, and other libations to supplement the TWC Wine “Cellar”! All contributions are very much appreciated!

Thank You!

TWC Board



**HOSPITALITY**

**Lois Koza** 🌸



Top of the day

Ladies 🍀 🧑 🍀 🧑 🍀

It is that time of the year once again Ladies Wednesday, March 4th, will be our delicious corn beef and cabbage luncheon. 🍀 🍀 🍀

So, sending a reminder that setup for our clubhouse is on Tuesday, March 3rd at 10:00. Please feel free to come and help 🍴 🍴 🍷 🍷 🧴 🧴 - so we can continue to keep our tables “looking spectacular”.

Don’t forget the food for the pantry! 🍳 🍳

Thank you!

Lois 🍀 🍀 🍀

**RESERVATIONS**

**Betty Robertson**



Hello TWC Ladies.

Well, our March meeting is slowing creeping up on us. I bet the attire for March will include GREEN. Happy early St. Patrick's Day!

Please be sure and call me with your luncheon reservation by **February 26, 2026**. Feel free to call, e-mail, or send a text Message.

Betty Robertson, 310-367-1188, betsew@aol.com. Thank you so much and I'll see you in March.

**PROGRAM**

**Pam Barrett**

MARCH is our "green" WOMAN'S Month

Last month having the "HART'S ACADEMY of DANCERS and SINGERS” entertain us was so special. The Narbonne High School Students, under the direction of JEN BROADBENT, performed

with such enthusiasm it made us tired watching them!! Thanks, Sharon, for introducing the group to us.

For March, being WOMAN'S Month, we are going to have Gay Storm return with one of her impersonations. I have seen her impersonate "Mary Todd Lincoln" in the past and she does an excellent job so I think you will agree! Please stay after lunch to enjoy her performance. Thanks, Pam

## DIGITAL LITERACY WORKSHOP REPORT

**Mary Alessandra-Cook**

The Digital Literacy Workshop held on February 11th was a tremendous success, with twenty-five members and guests participating in this small but mighty learning project. The young women of West High's WiSTEM Club delivered an outstanding presentation, guiding attendees through essential skills such as smartphone basics, screenshots, storage management, notifications, social media, app safety, scams and phishing awareness, and even a few fun entertainment apps to explore. Their clarity, patience, and enthusiasm made the event both educational and enjoyable.

A special shout-out goes to Lee Large for bravely venturing onto Facebook—and to all attendees who jumped in with curiosity and good humor. Many of us walked away feeling far more confident, especially after learning a thing or two about Instagram. Heartfelt thanks to Lynda Myers for preparing the clubhouse, Betty Robertson for managing RSVPs and check-in, and Mary Alessandra-Cook for providing the “bytes” that kept everyone energized. The feedback was overwhelmingly positive, with members praising how kind, helpful, and attentive the students were as they circulated to offer one-on-one support. With such strong enthusiasm, we hope to offer a similar workshop in Fall 2026 and continue building digital confidence across our club community.



## TECHNOLOGY CHAIR IN THE CORNER Mary Alessandra-Cook

Technology Tip for Members: Hidden Trackers in Online Résumés

Even if you are not job hunting, someone you know is. This is an important digital-privacy reminder worth sharing with sons and daughters, grandchildren, neighbors, and friends navigating today's online job market.

Many free résumé-building websites quietly insert invisible tracking pixels into the PDF files they generate. These pixels are tiny -smaller than a period - but they can reveal far more than most applicants realize.

What These Trackers Can Reveal

When a job seeker sends out a résumé created on one of these platforms, each employer who opens the file may trigger the pixel. That hidden tracker can report:

- When the file was opened
- The viewer's approximate location
- The device used
- How long the résumé was viewed
- Whether the same file was opened by multiple companies

Some résumé-builder services even share or sell this information to recruiters and applicant-tracking systems. As a result, one employer may know you have applied to several others-something most applicants would never intentionally disclose.

Why Companies Use This Data

Recruiters may use these insights to gauge how many opportunities a candidate is pursuing or how “eager” they appear. In some cases, applicants may be deprioritized or even ignored based on this behind-the-scenes tracking. It is a modern twist on job searching that most people never see coming.

How to Remove These Trackers

Fortunately, it is simple to create a clean, tracker-free résumé. Share these steps with anyone preparing job applications:

1. Use “Print to PDF”

This method strips out hidden tracking elements.

- Mac: File → Print → PDF → Save as PDF
- Windows: File → Print → Microsoft Print to PDF
- Google Docs: File → Download → PDF

Document

## 2. Use a PDF-Cleaning Tool

A free, downloadable open-source program called Dangerzone can sanitize PDFs created by online résumé builders.

## 3. Build the Résumé Yourself

Creating the document directly in Word or Google Docs and exporting it as a PDF avoids the issue entirely.

Do not let your résumé “talk” behind your back. Clear out any hidden trackers and make sure the file represents only your skills, and not your search history! (sourced Kim Komando, with some Microsoft Copilot reformatting)

## **CIVIC ENGAGEMENT AND OUTREACH – Mary Hileman**

Joy does not simply happen to us. We have to choose joy and keep choosing it every day.

**AARP TAX-AIDE:** Free Tax Preparation is available again this year, with thanks to the AAR Foundation/IRS and City of Torrance Community Services Department.

Walk-ins Only. (No appointments.)

**WHAT TO BRING:** A copy of your last year’s tax return, picture ID, Social Security card, and all tax forms you have received.

Location: Focal Point on Aging Office

1339 Post Avenue, Torrance

February 2 – April 15th, 2026

Mondays through Thursdays, & Saturdays

9:00 am – 2:00 pm (310) 320-5918

For more information: [www.taxaide-southbay.org](http://www.taxaide-southbay.org)



## COMMISSION ON AGING

Commission on Aging meetings are held on the first Tuesday of each month in the Commission Meeting room in the West Annex building (3031 Torrance Blvd.), located next door to the City Hall.

The next meeting is Tuesday, March 3rd, 2026, at 9:30 am. All are invited to attend.

Featured at the meeting will be John W. Chang, Partner at Patinelli & Chang, LLP, with a presentation on Trusts and Wills.

## **HEALTH and WELLNESS** **Mary Hileman**

Discipline is the bridge between goals and accomplishment.

March is recognized for several disease awareness observances to raise awareness and promote education about these health issues.

**National Nutrition Month:** To promote informed food choices and healthy eating habits.

**Colorectal Cancer:** To raise awareness regarding prevention and screening.

Colorectal cancer is the second deadliest cancer in the U.S. Early detection through screening can save lives.

**Autoimmune Awareness:** To Focus on the impact of autoimmune disease. Common autoimmune diseases include rheumatoid arthritis, lupus, multiple sclerosis, Type 1 diabetes, psoriasis, and celiac disease. These conditions affect millions of people and are part of a larger group of over 100 identified autoimmune diseases.

## **TORRANCE SENIOR HEALTH EXPO:**

Thursday, March 26, 2026

10:00 am – 1:00 pm

Toyota Meeting Hall 3330 Civic Center Drive  
Free Admission and Free Health Screenings  
Connect with dozens of local organizations dedicated to helping seniors and their families.

**LONG TERM CARE: March 14, 2026**

Learn about hiring in-home help, home care versus nursing home, how long-term care insurance works and options for coverage.

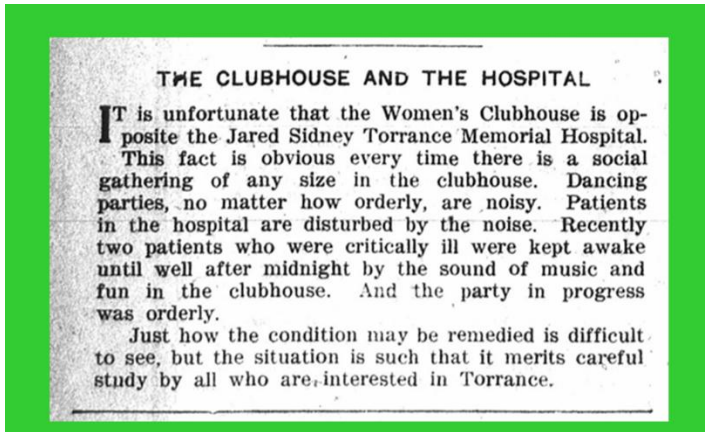
RSVP to Stephanie Mancia at 310 517-4728 or [foundation@tmmc.com](mailto:foundation@tmmc.com).  
Torrance Memorial Medical Center



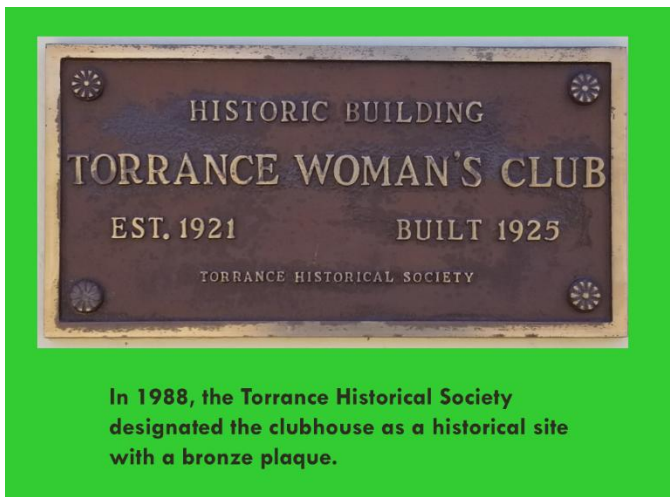
**HELPING HANDS**  
**Bette Herbst**

Helping Hands will be meeting on March 18th. We are still making Huggy Bears each month.

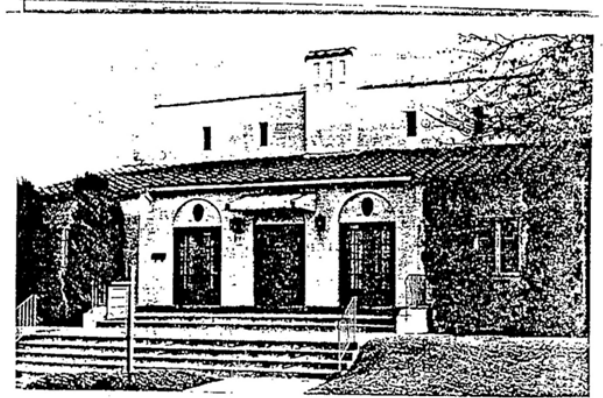
**HISTORY**



March 3, 1927



In 1988, the Torrance Historical Society designated the clubhouse as a historical site with a bronze plaque.



1977

During WWII the club members sold \$3,058.00 in War Bonds.

The club house was used by the USO, which assumed all financial upkeep responsibilities.

During September of 1944 the USO hosted 1,154 servicemen and women. Volunteer workers, many of whom were club members served 1088 hours.





# Marina District CONVENTION

**SAVE the DATE**  
**for a Seaside Fiesta**

**APR 18 9:30**  
**2026 AM**

 *\$65 per person* 

**Riviera Mexican Cantina**  
**207 N Harbor Dr, Redondo Beach**

## WHAT TO EXPECT



Appetizers, Buffet, Dessert, No Host Bar  
Guest Speakers, Vendors, Door Prizes,  
Entertainment, Awards, '26-'28 Election  
No steps, No elevator, Easy Access for all!  
Plenty of public parking in adjacent lot.



Questions? Call Vicki Callahan, Conv. Fiesta Chair (310) 748-9976