



The Torrance Woman's Club Voice

Member

General Federation of Women's Clubs - California Federation of Women's Clubs - Marina District

Serving the Community Since 1921 – 501(c)(3) Tax ID: EIN 33-0249000 Torrancewomensclub1921@gmail.com

TWC Officers: President-Pam Ament, 1st VP/Dean-Linda Pollick, 2nd VP-Ellen Jenkins/Kim Edwards, 3rd VP-Lynn Robinson, Recording Secretary-Theresa Abbey, Corresponding Secretary- Carol Delome, Treasurer- Sharon Broadbent, Auditor- Linda Lescoe, Ways and Means-Alix Plum, Program—Janet Payne, Press- Carol Delome, Yearbook- Lynn Robinson, Newsletter- Lynn Robinson, Reservations—Betty Robertson, Parliamentarian-Janice Petrosino

SEPTEMBER 2026 NEWSLETTER

SEPTEMBER CALENDAR

August 27	Reservations due for Sept. Meeting	
Sept. 1	10 am	Meeting Set up
Sept. 2	General meeting	
	10 am	Social Hour
	11 am	Business Meeting
	12 pm	Lunch & Program
Sept. 9	10 am	House Committee
	4pm	Technology Learning Session
Sept. 16	10 am	Helping Hands
Sept. 30	10 am	Board Meeting
Oct. 1	Reservations due for Oct. Meeting	



THINGS TO BRING ON SEPT.2ND.

1. Items for the Volunteer Center Food Bank (Cereal, pasta, rice and canned fruit are especially welcomed)
2. Wear Red, White and Blue



MARINA DISTRICT CALENDAR

Sept. 18th 9:00 am District Meeting
WC of Redondo Beach 400 S. Broadway,
Redondo Beach, CA 90277 Co-Host: WC of
Hermosa Beach Program:
"Women Artists of the Italian Renaissance"

PRESIDENT Pam Ament



Dearest Members, I am so happy we are all going to be seeing one another again in a few short weeks! The Summer months have been hot and slow for me, but the glimpses of TWC friends at our events such as the Birthday Celebration last week, the Pizza & Protocol Workshop the week before, and our Executive Board Meetings have been a fun way to catch up with different groups of people in different situations and laugh, enjoy, and embrace one of the very best effects of club life: friendship.

My second knee replacement went very well, thank you for the cards and calls. I have spent the down time I had in meditation for the most part, relaxing into healing myself without the help of medication and I am happy to say it was successful. I am

blessed for the friendship you all provide, your caring thoughts brought many smiles to my days, and I am grateful for each of the Torrance Woman's Club members.

I have also been busy at home and with TWC these past months of June, July, and still in August. I have been speaking with people, returning calls, and doing my best to fill positions for a well-rounded club experience. I still have a few openings for Chairs and would welcome any of you to be part of the experience of helping at a possibly new level you may have never tried before.

At our last Executive Board Meeting I asked the Chairs to provide Reports for publication in our Newsletter. My reasoning being that the Chairs Report at the Executive Board Meeting, then we hear the same Report at the General Meeting. I think it may be time to change that up a bit and have the verbal Reports continue at the Executive Board Meetings, for the Report to be featured in the Newsletter, then at the General Meeting, we ask for any questions from the Assembly while the chair is at the Podium. We often have questions we do not get to ask because we are hearing the information for the first time, and this way we get to read the Report ahead of time and are ready with our questions at the General Meeting. This cuts down on the repetitive nature of Reports and offers all the members a chance to speak.

So, the Chair positions we are still looking for are below. If a position looks fun, call me, let me know if you would like to take it. If we can fill these Chairs: great. If not, that is great too and we will let them go by this year. My number is 310-344-8605.

- **Arts and Culture (to include)/Art Contest for Students & Members/Creative Writing Contest/Music Contest/Photography Contest**
- **Civic Engagement and Outreach/Chamber of Commerce Liaison**
- **Domestic Violence Awareness and Prevention**
- **Education and Libraries & ESO**
- **Environment**
- **Health & Wellness**
- **Historian**

• **Woman's History Resource Center**

I am so pleased that we will be continuing our collection of food items for the Food Bank in this Administration. I am so proud that we have begun this project and kept it up with so many of our members helping the community in need. Please bring what you can, and items will be picked up monthly at our General Meetings and taken to the City's central area for disbursement.

We shall be celebrating September with our own America 250 Red, White, and Blue Day. Wear your colors and be prepared for a very fun meeting.

See you then; luv, Pam

**FIRST VICE PRESIDENT/
Dean of Chairmen
Linda Pollick**



As the 2026–2028 administration begins, our club enters a new chapter of achievement. As your 1st Vice-President, I am honored to support TWC President Pam Ament by promoting our projects, sharing innovative ideas, and celebrating our remarkable volunteers and clubhouse. Report writing helps TWC capture the meaning and impact of our charitable work. Our 2026–2028 reports will show not only what we accomplished, but why it mattered.

Each report should reflect our effort, creativity, commitment, and results while telling the story of our club's heart. Together, we will begin with a clear goal, set a thoughtful schedule, and draft each report as a vision to guide the work ahead.

- Our reports preserve the story of TWC's service and accomplishments.
- They become part of CFWC and GFWC's shared history.
- They honor the dedication, friendship, and compassion of our members.

I look forward to supporting each chair as needed and sharing the reports that highlight TWC's accomplishments. Thank you, lovely ladies of The Torrance Woman's Club, for your service, friendship, and compassion. Together, we make a difference every day. Keep up the excellent work!

With heartfelt appreciation,
Linda

TREASURER **Sharon Broadbent**



**New for 2026 - We can now
process payments by credit card.
Credit card processing fees are included in the
prices below.**

Monthly luncheon fee - \$20.00 + \$1 = \$21.00
2026 Dues - \$60.00 + \$2.00 = \$62.00
See Sharon if you wish to pay by credit card.

DO YOU SHOP AT RALPHS GROCERY STORES?

Ralphs makes a donation to our club quarterly,
usually around \$75 each time based on the purchases
of our members that have designated the club to
receive the donation. An easy way to contribute to
the club at no cost to you.

If you would like to sign up or confirm that you are
already signed up:

Go to Ralphs.com and sign in to your account. If you
have a Ralphs card but do not have an online account,
you will have to set that up. It's easy with your
Ralphs card or phone number.

Once on the "My Account" page, scroll down to near
the bottom and select "Community Contributions".
You can confirm that you are enrolled with TWC as
your donor. If you are not enrolled, our Organization
Number is LJ524 or type Torrance Women's Club in
the search box.

That is all you have to do, when you use your Ralphs
card or phone number, the club will receive a credit
for your shopping. You can also confirm that the
club is your selection by checking your receipt when
you make a purchase.



THIRD VICE PRESIDENT/ HOUSE CHAIRMAN

The House Committee did not meet in August due
to Lynn's plumbing emergency. We did purchase
two new stoves. Thank you for Sharon for
conferring with Richard and finding us the best
price. The committee still needs to review
condition of tables and chairs, identify and
remove/replace broken or unusable items as needed.
Mary and Lynda are making progress on the
National Register of Historic Places nomination
application. The next meeting will be September
9th..



AUGUST

- 26 Domina Hutchins
(The editor apologizes for
leaving you out of last month's
newsletter!)

SEPTEMBER

- 1 Marilyn Keller
2 Jeri Plum
20 Laurie Vaillant
22 Terry Moore
25 Catherine Paour
29 Pam Ament
29 Patricia Green
30 Lee Large

HAPPY BIRTHDAY TO YOU!!

RESERVATIONS

Betty Robertson

Hello TWC Ladies.

Please call in your reservation by **August 27**.

Betty Robertson - 310-367-1188

betsew@aol.com

I so look forward to seeing all of you at our next meeting.



HOSPITALITY

Pam Barrett



Welcome Back to the start of our 2026/2027 season of Fun and Friendship. Lois has decided to step down from being in charge of Hospitality, but she will still be around. I know how much you regulars like working with Lois, but would you please come and help me also?! I'd appreciate the help on September the 1st at 10 am--thank you! Pam Barrett

Please don't forget to bring food for the Volunteer Center. During the summer they probably used up all the regular supplies, so let's help them with more food!!



TECHNOLOGY CHAIR IN THE CORNER

Mary Alessandra-Cook

H.E.L.P. & TWC Technology Learning Session – RSVP Now! We're looking forward to welcoming members to our upcoming hands-on technology learning class on **Wednesday, September 9th, from 4 PM to 5 PM** at the **TWC Clubhouse**. This session will be led by **Grace Farwell** from **H.E.L.P. (Helping Elders Live Productively)**, who is partnering with us through

NCOA's *Powering Possibilities: SkillsBuild for Older Adults* program.

Last month we shared a Save-the-Date—now the details are confirmed, and we are gathering RSVPs for our final headcount.

Let's Learn AI Together This one-hour workshop will feature short, confidence-building activities using today's most helpful technology tools, including introductory AI. Members will receive a guided walkthrough of creating a SkillsBuild account, followed by completing one or two short courses together (each about 5–10 minutes).

While we'll focus on the AI modules, the SkillsBuild catalog includes many other practical topics—such as the popular “*elevator speech*” course, perfect for crafting a polished introduction to the Torrance Woman's Club when meeting potential new members.

What to Bring Please bring your **laptop, tablet, or smartphone**. A laptop or tablet is ideal for easier navigation, but any device is welcome.

Optional: Start Early If you'd like to set up your SkillsBuild account ahead of time, visit: <https://bit.ly/HELPTechSkills> ([bit.ly in Bing](#)) Activation may take a few hours, but early sign-up is helpful—not required.

A Free Opportunity for All Members All courses and certificates are **completely free**, thanks to H.E.L.P.'s grant from the National Council on Aging. By attending, we support their grant goals while gaining valuable skills ourselves.

Please RSVP

To ensure we have enough seating and support volunteers, please **RSVP directly to Mary Alessandra-Cook**. You are welcome to bring another adult guest (family or friend).

We hope to fill the room with enthusiastic learners on September 9th.

Mary Alessandra-Cook

TOMORROW'S TECH TODAY

Anvi Mishra - West High
School student



THE NEW FUTURE OF HOMES, SMART HOMES

Imagine walking into your home and the lights turn on automatically, the temperature adjusts to your preference, and your favorite music starts playing. This isn't science fiction anymore. **Thanks to smart home technology**, everyday devices can now connect to the internet and respond to your habits, voice commands, or schedules.

Smart home devices are part of something called the **Internet of Things, or IoT**. This simply means physical objects are connected to the internet so they can send, receive, and use information.

Common smart home devices include:

-  Lights that can be controlled from your phone.
- Thermostats that learn your schedule and adjust the temperature.
-  Smart locks that can be opened without a traditional key.
-  Doorbell cameras that show you who is outside.
-  Voice assistants that can play music, set reminders, or control other devices.
-  Robot vacuums that clean rooms automatically.

The biggest advantage of smart home technology is convenience. Instead of constantly checking whether you left the lights on after leaving home, you can simply turn them off from your phone. Smart thermostats can also help reduce energy use by lowering heating or air conditioning when nobody is home.

However, smart devices also create new concerns. Because many of them collect information and connect to the internet, they can create privacy and cybersecurity risks if they are not properly protected. A weak password or outdated device could potentially give someone

unauthorized access. Therefore, smart home users should keep devices updated, use strong passwords, enable extra security features when available, and carefully review what information each device collects.

Smart homes are likely to become even more advanced in the future. Appliances may predict when they need maintenance, refrigerators could help track groceries, and homes may automatically adjust lighting and temperature based on who enters the room. The smartest home isn't necessarily the one with the most technology, it's the one that uses technology to make everyday life **simpler** and more **efficient**.

CIVIC ENGAGEMENT AND OUTREACH

SOCALGAS EMPLOYEE UNIFORM UPDATE

SoCalGas is introducing updated employee uniforms to make it easier for residents to identify authorized employees and representatives working in the community. Field visits for maintenance, inspections, repairs, and service may be scheduled or unannounced.



Residents can identify SoCalGas employees by:

- Updated uniforms with the SoCalGas logo
- Official photo identification badges, available upon request
- Branded SoCalGas vehicles, used by most field employees

SoCalGas also works with authorized contractors, who may not wear branded uniforms or drive company vehicles but are required to carry an official SoCalGas identification badge.

If you're unsure whether someone represents SoCalGas, ask to see their identification or call 1-800-427-2200 to verify.

VOLUNTEERS NEEDED AT THE TORRANCE CULTURAL ARTS CENTER

The Torrance Cultural Arts Center is accepting new volunteers to assist with shows happening at the James Armstrong Theatre. Apply today! Apply online at:

[James Armstrong Volunteer Application - City of Torrance](#)

TORRANCE HISTORICAL SOCIETY & MUSEUM - LATE NIGHT THURSDAYS

In celebration of Jared Sidney Torrance's birthday on August 3, the Torrance Historical Society & Museum (1345 Post Ave.) invites you to enjoy Late-Night Thursdays throughout August. The Museum will extend its hours from 4 p.m. to 7 p.m., with treats served. Join volunteer historians Paul Wisman, LeRoy Jackson, and Mike the Map Man as they share ephemera, photos, stories, maps, and more highlighting Torrance's history. On Thursday, August 27, the evening's featured discussion will explore Wilson Park and its history as a Naval Annex.

COASTAL CLEANUP DAY

Next date: Saturday, September 19, 2026 | 09:00 AM to 12:00 PM

Each year, volunteers across Los Angeles County come together for California Coastal Cleanup Day, coordinated by Heal the Bay



in partnership with the Ocean Conservancy, the California Coastal Commission, and the Los Angeles County Department of Beaches and Harbors. Known as the largest volunteer day on the planet, the event mobilizes thousands of volunteers to clean beaches, waterways, and inland areas, helping protect our oceans and environment. In Torrance, volunteers join this global effort by removing trash and debris from the shoreline to help keep our beaches, water, and community healthy. In partnership with the Torrance Area Chamber of Commerce and Heal the Bay, Team Torrance proudly participates each year to support a cleaner coastline.

Registration is now live! Sign up today on the Heal the Bay website (be sure to select "Torrance Beach" as your preferred site).

Torrance Beach Captain -Leslie Cortez
LCortez@TorranceCA.Gov (310) 618-5990

HEALTH and WELLNESS

Tips to stay safe in hot weather

Things you can do to lower your risk of heat-related illness:

- Drink plenty of liquids, such as water, fruit or vegetable juices, or drinks that contain electrolytes. Avoid alcohol and caffeinated beverages. If your doctor has told you to limit your liquids, ask what you should do when it is very hot.
- If you live in a home without air conditioning or fans, try to keep your space as cool as possible. Limit use of the oven; keep shades, blinds, or curtains closed during the hottest part of the day; and open windows at night.
- If your living space is hot, try to spend time during midday in a place that has air conditioning. For example, go to the shopping mall, movies, library, senior center, or a friend's home. You may also contact your local health department or city to find out if they have air-conditioned shelters in your area.
- If you need help getting to a cooler place, ask a friend or relative. Some religious

groups, senior centers, and Area Agencies on Aging provide this service. Search the Eldercare Locator to find services in your area. You could also consider taking a taxi or other car service or calling your local government to see if they offer senior transportation. Don't stand outside in the heat waiting for a bus.

- Dress for the weather. Wear lightweight, light-colored, loose-fitting clothing. Natural fabrics such as cotton may feel cooler than synthetic fibers.
- Avoid outdoor exercising and other physical activity when it is very hot. Instead, try to find someplace you can be active while staying cool indoors.
- If you must go outside, try to limit your time out and avoid crowded places. Plan trips during non-rush-hour times.
- Make sure to use a broad spectrum sunscreen, SPF 15 or higher, and reapply it throughout the day, especially if your skin will have continuous exposure to the sun. Wear a hat and other protective clothing, and sunglasses. If you do get sunburned, stay out of the sun until your skin is healed and use cool cloths and moisturizers to treat the affected area.
- Ask your doctor if any of your medications make you more likely to become overheated or sunburned.

HELPING HANDS

Bonnie Kerber-Louvet



Helping Hands will be meeting on September 16th. We are making 20 Huggy Bears a month for each of the two Torrance Hospitals.

OUR NEW STOVES!



We're excited to launch this creative and expressive opportunity for our members who would like to learn the Ukulele or Hula to GOD BLESS AMERICA – which we proudly sing at every meeting.

As part of the Arts and Culture Community Service Program, our goal is to enhance member engagement and camaraderie while exploring this beautiful cultural musical presentation.

When our interested members feel comfortable performing, we will dance and play at each general meeting as well as offer our Aloha Hands to perform at district and state events. We can also play/perform at community events such as Prayer Breakfasts, fashion shows, teas, ceremonies, local organizations and events. It will be so fun to offer our musical entertainment to be enjoyed by all.

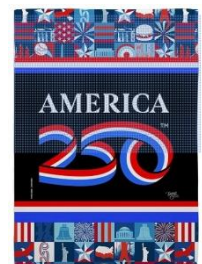
Learn the Ukulele is led by Catherine Paour, at cpaour@yahoo.com or text to 310-346-6096.

Learn the Hula is led by Linda Pollick at linda.othoa@gmail.com or call 310-741-2458.

Lessons will be scheduled based on member sign-ups and individual availability. The Ukulele and Hula groups will also meet once a month at the clubhouse to practice and prepare for joint performances.

Be sure to sign up at the September 2nd meeting or reach out to the contacts listed above.

Aloha,
Catherine and Linda





Come Share the Aloha!

We're excited to launch *Aloha Hands*, a creative and expressive opportunity for our members to learn Ukulele or Hula while celebrating "GOD BLESS AMERICA," which we proudly sing at every meeting.

As part of our *Arts and Culture Community Service Program*, our goal is to build *member engagement*, *friendship* and *camaraderie* while exploring the beauty of Hawaiian music and dance.

WHAT WE'LL DO

Once our members feel comfortable performing, *Aloha Hands* will:

- ✿ Perform at our general meetings
- ✿ Represent our group at district and state events
- ✿ Bring music and dance to community events
- ✿ Perform at prayer breakfasts, fashion shows, teas and ceremonies
- ✿ Share our talents with local organizations and community gatherings

It will be so much fun to offer our musical entertainment for everyone to enjoy!

CHOOSE YOUR Aloha Adventure!



LEARN THE UKULELE

Led by *Catherine Paour*

✉ cpaour@yahoo.com

☎ Text: 310-346-6096



LEARN THE HULA

Led by *Linda Pollick*

✉ linda.othoa@gmail.com

☎ Call: 310-741-2458



HOW IT WORKS

- ✿ Lessons will be scheduled based on member sign-ups and individual availability.
- ✿ The Ukulele and Hula groups will also meet once a month at the clubhouse to practice and prepare for our joint performances.

READY TO JOIN THE FUN?

SIGN UP AT THE SEPTEMBER 2 MEETING!

Or reach out to *Catherine* or *Linda* using the contact information above.

Come learn ✿ Come laugh ✿ Come perform ✿ Come share the Aloha!



State OF THE CITY 2026 ●

City of Torrance Mayor Sharon Kalani will deliver her first State of the City address, highlighting the City's key initiatives and her vision for the future of Torrance.

FRIDAY, SEPTEMBER 25, 2026

11:30 AM | Registration

12:00 PM | Program and Lunch

DoubleTree by Hilton Hotel Torrance - South Bay

21333 Hawthorne Blvd. Torrance, CA 90503

Member: \$65 per person

Nonmember: \$85 per person

Reservations:

www.torrancechamber.com/event/city2026/



Honoring
Citizen of the Year
Heidi Ashcraft

Featuring

City of Torrance Mayor
SHARON KALANI

For sponsorship opportunities, please contact Donna Duperron at
Donna@torrancechamber.com

SEPTEMBER MEETING! VENDOR MARKET! IN-PERSON SHOPPING!

SHOPPING OPENS AT 10:00 AM



**DAMSEL IN
DEFENSE**
Personal Safety
& Defense



**PURSES &
CLOTHING**
Stylish Bags,
Apparel, & Fashion



**SOURDOUGH
BREAD**
Freshly Baked
Artisanal Sourdough



JEWELRY
Shimmery
Accessories



CANDLES
Hand-Poured,
Aromatic Home
Scents



SEWN ITEMS
Unique Fabric Crafts,
Gifts & Goods



DESSERTS
Delicious Sweet Treats
& Baked Goods

COME EARLY & SUPPORT LOCAL VENDORS!

MARK YOUR CALENDARS!
* FOR A FIESTA OF FUN! *

